

Thank you for choosing L-Tryptophan Chewable by LIDTKE. We sincerely wish the best of health for you and your family. L-Tryptophan is a natural building block of serotonin, the neurotransmitter that plays an important role in appetite, mood, normal sleep patterns, and nervous-system health.*

TryptōGOLD LIDTKE'S own naturally produced, Ultra-premium L-Tryptophan.

LIDTKE L-Tryptophan is vegetarian and non-GMO.

LIDTKE stands behind each product and guarantees customer satisfaction for 365 days from the date of purchase.

Best by:

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Warning: KEEP OUT OF REACH OF CHILDREN. If you are pregnant, lactating, taking any medications (especially MAOIs, Tricyclics, or SSRIs), or have a medical condition, consult your doctor. Discontinue use if adverse reaction occurs. Do not use if seal is damaged or missing. Keep lid tightly closed. Keep in a cool, dry place.



LIDTKE®
Superb Quality Since 1994

Stay Calm & Relaxed

L-Tryptophan

Chewable

Delicious Maple Vanilla Flavor



60 TABLETS • A DIETARY SUPPLEMENT

Suggested Use (Adults): Take one (1) tablet or as directed by a health-care professional. Best if taken at bedtime or between meals.

Supplement Facts

Serving Size: 1 tablet

Amount Per Serving	% Daily Value†	
Calories	6	
Total Carbohydrate	1.5 gm	<2%
Sugars	1.5 gm	**
L-Tryptophan	100 mg	**

† Percent Daily Values are based on 2,000 calorie diet.
** Daily Value not established

Other Ingredients: NillaSweet™, maple sugar, lecithin (from sunflower), vegetable stearic acid, cinnamon bark (from Ceylon).

No added gluten, soy, yeast, wheat, corn, dairy, eggs, salt, peanuts, fish, shellfish, artificial color, artificial flavor or preservatives. **Non-GMO**

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Adverse events may be reported above. 376-D0720