



Ι REIGN,  
Ι DOMINATE,  
Ι TRIUMPH.

It's time to unleash the freak inside and leave them all behind. From the first serving, MPR Pump will engorge, expand and hyperhydrate your muscles for skip-splitting pumps and firehose-sized vascularity. Get ready to experience razor sharp mental focus that amplifies your training intensity and performance.\*

POWER-PACKED PUMPS\* • MAXIMUM MENTAL FOCUS\*  
REDUCES MUSCLE FATIGUE & CELLULAR DAMAGE\*  
IMPROVES MUSCLE POWER & LEAN BODY MASS\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



PRE-WORKOUT FORMULA

# PUMP

**BLUE RASPBERRY**

DIETARY SUPPLEMENT • NATURALLY & ARTIFICIALLY FLAVORED

NET WEIGHT 1.18LBS. (537g)

## Supplement Facts

Serving Size 1 Rounded Scoop (17.9g)  
Servings Per Container 30

	Amount Per Serving	% Daily Value*
Calories	15	
Sodium	20 mg	1%
Total Carbohydrates	4 g	1%
Sugars	1 g	**
Calcium	250 mg	25%
MPR Pump Proprietary Blend	13350 mg	**

Muscle Performance Matrix (Creatine Monohydrate, Beta Alanine, Creatine Magnesium Chelate, Dicreatine Malate)

Muscle Pump Matrix (Glycerol-Silica Matrix, Arginine AKG, Taurine, Citrulline Malate, Cinnulin PF<sup>®</sup> Patented Cinnamomum Burmannii Extract (Bark) 3% Type-A-Polymers, Polygonum Cuspidatum (Root) 20% Resveratrol, Gynostemma Pentaphyllum (Leaf) Gypenosides, RC-NOS<sup>®</sup> Rutaecarpine, Gamma Tocopherol)

Acute Energy/Neuro Modulation System (Acetyl-L-Tyrosine, Choline Bitartrate, L-Tyrosine, Caffeine Anhydrous, Huperzine A 1%)

\*Percent Daily Values based on a 2,000 calorie diet.  
\*\*Daily Value Not Established.

**Other Ingredients:** Natural and Artificial Flavors, Calcium Silicate, Waxy Maize, Maltodextrin, Citric Acid, Sucralose, Acesulfame K, Blue #1.

**Allergen Warning:** Produced in a facility that processes soy, peanuts, milk, shellfish and egg.

Store in a cool, dry place.  
Cinnulin PF<sup>®</sup> and RC-NOS<sup>®</sup> are registered trademarks of Integrity Nutraceuticals, Inc.

**Directions:** As a dietary supplement, mix 1 rounded scoop of MPR Pump with 10-14oz. of water or favorite non-caffeinated beverage 30-45 minutes before workout. Consume an additional 12-16oz. of water throughout your workout for expanded pump and intensity. If you are a first time user or an individual sensitive to stimulants, mix 1/2 scoop in 6-8oz. of water or favorite non-caffeinated beverage 30-45 minutes before workout. To avoid sleeplessness, do not use within 4-6 hours of bedtime. Use responsibly; do not consume more than 1 serving daily.

**Stack with MPR Amino to support muscle recovery and prevent muscle protein breakdown.\***

**For additional product and supplement information:**  
1-888-231-2684 info@issresearch.com  
issresearch.com/mpr

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**WARNING:** Before consuming MPR Pump, seek advice from a health care professional if you are unaware of your current health condition or have any pre-existing medical condition including, but not limited to: high or low blood pressure, cardiac arrhythmia, stroke, heart, liver or thyroid disease, anxiety, depression, seizure disorder, psychiatric disease, diabetes, pernicious anemia, difficulty urinating due to prostate enlargement or if you are taking an MAO inhibitor or any other medication. Do not use if you are pregnant, nursing, prone to dehydration, exposed to excessive heat or suffer from the rare genetic disorder, Hyper Beta-Alaninemia. Discontinue use or reduce if sleeplessness, tremors, dizziness, nervousness, headaches or heart palpitations occur. MPR Pump contains the naturally occurring amino acid, beta-alanine, which may cause a tingling skin sensation in some individuals similar to niacin flush. This effect should diminish after a few hours and should ultimately subside after days of continual use. MPR Pump is only intended to be consumed by healthy adults 18-50 years of age. Keep out of reach of children and pets.

**Note:** Each serving of MPR Pump contains 200mg of caffeine. Do not consume with other arginine or caffeinated products.

