



Centrum[®]

MultiGummies[®]

MULTI+ BEAUTY



Supports a Healthy & Beautiful Body*

Hair, Skin & Nails**

Natural Cherry, Berry & Orange
Flavors with other natural flavors

	HAIR, SKIN & NAILS**
	HEALTHY APPEARANCE**
	BONE HEALTH**
	ENERGY**
	IMMUNITY**

90 Gummies

MULTIVITAMIN MULTIMINERAL SUPPLEMENT



• No artificial flavors or sweeteners • Take with or without food or water • Gluten-free
• Contains no wheat, milk, soy, egg, peanut, tree nuts, fish or crustacean shellfish allergens

Supplement Facts

Serving Size 2 Gummies (Servings Per Container 45)

Amount Per Serving	% DV
Calories 20	
Total Carbohydrate 4 g	1%†
Sugars 3 g	-
Vitamin A 2,500 IU	50%
Vitamin C 45 mg	75%
Vitamin D ₃ 1,000 IU	250%
Vitamin E 30 IU	100%
Vitamin B ₆ 5 mg	250%
Folic Acid 180 mcg	40%
Vitamin B ₁₂ 15 mcg	250%

Amount Per Serving	% DV
Biotin 2,500 mcg	833%
Pantothenic Acid 6 mg	60%
Calcium 128 mg	13%
Iodine 150 mcg	100%
Zinc 5 mg	50%
Sodium 5 mg	<1%

† Percent Daily Values are based on a 2,000 calorie diet.
* Daily Value (DV) not established.

Ingredients: Glucose Syrup, Sugar, Gelatin, Tribasic Calcium Phosphate, Water, Ascorbic Acid (Vit. C), Contains <2% of Annatto Seed Extract (color), Biotin, Calcium Pantothenate, Carnauba Wax, Cherry Essence, Cholecalciferol (Vit. D₃), Citric Acid, Cyanocobalamin (Vit. B₁₂), dl-Alpha Tocopheryl Acetate (Vit. E), Folic Acid, Fruit and/or Vegetable Juice Concentrates (Purple Carrot, Magal Berry, Plum, Blackberry, Raspberry) (color and/or flavor), Grapefruit Oil, Invert Sugar, Lactic Acid, Maltitol, Medium-Chain Triglycerides, Natural Flavors, Orange Oil, Potassium Iodide, Pyridoxine Hydrochloride (Vit. B₆), Sodium Lactate, Vitamin A Acetate, Zinc Sulfate.

SUGGESTED USE: Adults: Take two (2) gummies daily.
Do not exceed suggested use.

Not formulated for use in children. Keep out of reach of children.

Do not take this product with other products containing folic acid or vitamin A.

As with any supplement, if you are pregnant, nursing or taking medication, consult your doctor before use.

Store at room temperature.
Keep bottle tightly closed. Due to use of plant-based colors, gummy appearance may darken over time. This does not alter the product potency.

Bottle sealed with printed foil under cap.
Do Not Use if foil is torn.

Marketed by Pfizer, Madison, NJ 07740 USA
© 2017 Pfizer Inc.

Questions? Comments?
Call 1-877-CENTRUM (236-8786)

For most recent product information, visit
www.centrum.com

PA0096160



3

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.