

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Centrum MultiGummies[®]

MULTI+ OMEGA-3

Supports a Healthy Body +
Heart, Brain & Eye Health*[∞]

Natural Strawberry, Lemon & Orange
flavors with other natural flavors

	HEART HEALTH* ^{†∞}
	BRAIN HEALTH* [^]
	EYE HEALTH* [‡]
	GENERAL HEALTH* [§]
	ENERGY* [¶]
	IMMUNITY* [∞]

Centrum[®]

40 mg EPA & DHA Omega-3s • No artificial flavors or sweeteners
• Take with or without food or water • Gluten-free • Contains no wheat, milk,
soy, egg, peanut, tree nuts, or crustacean shellfish allergens

SUGGESTED USE: Adults: Take two (2) gummies daily. Do not exceed suggested use.
Not formulated for use in children.

Supplement Facts

Serving Size 2 Gummies (Servings Per Container 50)

Amount Per Serving	% DV	Amount Per Serving	% DV
Calories 25		Biotin 75 mcg	250%
Total Carbohydrate 4 g	1% [†]	Pantothenic Acid 6 mg	120%
Total Sugars 4 g	-	Iodine 80 mcg	53%
Includes 4 g Added Sugars	8% [†]	Zinc 5 mg	45%
Vitamin A 600 mcg	67%	Sodium 5 mg	<1%
Vitamin C 30 mg	33%	Total Omega-3 Fatty Acids 47 mg	*
Vitamin D ₃ 25 mcg (1,000 IU)	125%	DHA (Docosahexaenoic Acid) 33 mg	*
Vitamin E 18 mg	120%	EPA (Eicosapentaenoic Acid) 7 mg	*
Vitamin B ₆ 1.6 mg	94%		
Folate 267 mcg DFE (160 mcg Folic Acid)	67%		
Vitamin B ₁₂ 10 mcg	417%		

[†] Percent Daily Values are based on a 2,000 calorie diet.

* Daily Value (DV) not established.

[∞] Includes 11 Nutrients to support whole body health including support for Heart, Brain and Eye health*^{†‡§}

[†] B-vitamins help support heart health*

[‡] Not a replacement for cholesterol-lowering drugs

[^] Zinc and B-vitamins help support normal brain function*

[‡] Vitamins A, C and E support healthy eyes*

[§] B-Vitamins support daily energy needs*

[∞] Antioxidant vitamins C, E and zinc help support normal immune function*

Ingredients: Glucose Syrup, Sugar, Gelatin, Water, Fish Oil Concentrate (highly refined). Contains <2% of Annatto Seed Extract (color), Ascorbic Acid (Vit. C), Biotin, Calcium Pantothenate, Camauaba Wax, Cholecalciferol (Vit. D₃), Citric Acid, Cyanocobalamin (Vit. B₁₂), DL-alpha Tocopheryl Acetate (Vit. E), Folic Acid, Lactic Acid, Lemon Oil, Mannitol, Medium-Chain Triglycerides, Natural Flavors, Orange Oil, Potassium Iodide, Purple Carrot Juice Concentrate (color), Pyridoxine Hydrochloride (Vit. B₆), Sodium Lactate, Strawberry Essence, Turmeric (color), Vitamin A Acetate, Zinc Sulfate.

Keep out of reach of children.

Do not take this product with other products containing folic acid or vitamin A.

As with any supplement, if you are pregnant, nursing, or taking medication, consult your doctor before use.

Store at room temperature.

Keep bottle tightly closed. Due to use of plant-based colors, gummy appearance may darken over time. This does not alter the product potency.

Bottle sealed with printed foil under cap.

Do Not Use if foil is torn.

Marketed by: Pfizer, Madison, NJ 07940 USA
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Questions? Comments?
Call 1-877-CENTRUM (236-8786)

For most recent product information, visit
www.centrum.com

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100 Gummies

MULTIVITAMIN/ MULTIMINERAL/ OMEGA-3 SUPPLEMENT



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