

Thank you for choosing ArthroCare by LIDTKE. We sincerely wish the best of health for you and your family. Every day, your joints undergo normal wear and tear from daily activities or the stress caused by exercise.* These daily activities can lead to joints, ligaments, or tendons that are stiff and sore.* LIDTKE designed **ArthroCare** to:

- Promote Flexibility and Movement*
- Maintain Healthy Joints Free of Minor Pain*
- Support Joint and Cartilage Health*

ArthroCare is free of glucosamine or other simple sugars that may aggravate glucose intolerance or yeast conditions. LIDTKE stands behind each product and guarantees customer satisfaction for 365 days from the date of purchase.

Best by:

*** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Caution: KEEP OUT OF REACH OF CHILDREN. If you are pregnant, lactating, taking any medications, or have a medical condition, consult your doctor. Discontinue use if adverse reaction occurs. Do not use if seal is damaged or missing. Keep lid tightly closed. Keep in a cool, dry place.



LIDTKE®

Superb Quality Since 1994

ArthroCare®

Advanced Extra Strength Formula

*for Healthy Joints
Strong Ligaments
& Tendons**

Purest on the Planet



90 Capsules • A DIETARY SUPPLEMENT

DIRECTIONS (Adults): Take four (4) capsules twice per day or as directed by your doctor.

Supplement Facts

Serving Size: 4 capsules Servings per container: 22.5

Amount Per Serving	% Daily Value*	
Vitamin K (as phylloquinone)	500 mcg	600%
Vitamin D3 (as cholecalciferol)	1000 IU	250%
Zinc (as zinc bisglycinate)	5 mg	30%
Copper (as copper bisglycinate)	1 mg	50%
Manganese (as Mn bisglycinate)	12 mg	600%
Chondroitin sulfate (from bovine)	1350 mg	**
Organic Rosehips Powder	500 mg	**
Horsetail Extract (stem)	250 mg	**
Bromelain (2,000 GDU per gram) (from pineapple stem) (Ananas comosus)	150 mg	**
Boron (as Bororganic Glycine)	1 mg	**

* Percent Daily Values are based on a 2,000 calorie diet.
** Daily Value not established

Other ingredients: vegetarian capsule.

Formulated & Distributed by LIDTKE

www.lidtke.com • Chandler AZ 85226 • 1-800-404-8185
Adverse events may be reported above. 0368-R0620