

BONUS
One Week FREE

Centrum[®] MultiGummies[®]



100% DV or more of Vitamins D,
E and B₁₂

Adults
Assorted Natural Fruit Flavors



110+14 Gummies

**MULTIVITAMIN/
MULTIMINERAL SUPPLEMENT**

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



SUGGESTED USE: Adults: Take two (2) gummies daily. Do not exceed suggested use. Not formulated for use in children.

Supplement Facts

Serving Size 2 Gummies (Servings Per Container 62)

Amount Per Serving	% DV
Calories 10	
Total Carbohydrate 3 g	1%†
Total Sugars 2 g	*
Includes 2 g Added Sugars	4%†
Vitamin A 600 mcg	67%
Vitamin C 30 mg	33%
Vitamin D ₃ 25 mcg (1,000 IU)	125%
Vitamin E 18 mg	120%
Riboflavin 0.26 mg	20%
Niacin 3.2 mg	20%
Vitamin B ₆ 1.6 mg	94%

Amount Per Serving	% DV
Folate 40 mcg DFE (24 mcg Folic Acid)	10%
Vitamin B ₁₂ 2.4 mcg	100%
Biotin 30 mcg	100%
Pantothenic Acid 3 mg	60%
Iodine 80 mcg	53%
Zinc 5 mg	45%
Manganese 0.46 mg	20%
Sodium 10 mg	<1%

† Percent Daily Values are based on a 2,000 calorie diet.

* Daily Value (DV) not established.

Bottle sealed with printed foil under cap. Do Not Use if foil is torn.

Marketed by: Pfizer, Madison, NJ 07940 USA © 2020 Pfizer Inc.

Questions? Comments? Call 1-877-CENTRUM (236-8786)

For most recent product information, visit www.centrum.com

• No artificial flavors or sweeteners • Take with or without food or water • Gluten-free
• Contains no wheat, milk, soy, egg, peanut, tree nuts, fish or crustacean shellfish allergens

Ingredients: Glucose Syrup, Sugar, Water, Gelatin, Ascorbic Acid (Vit. C), Cholecalciferol (Vit. D₃), Citric Acid, Citrus Pectin, Cyanocobalamin (Vit. B₁₂), DL-alpha Tocopheryl Acetate (Vit. E), Folic Acid, Fruit and/or Vegetable Juice Concentrates (purple carrot, maqui berry) (color and/or flavor), Invert Sugar, Lactic Acid, Manganese Sulfate, Medium-Chain Triglycerides, Natural Flavors, Niacinamide, Potassium Iodide, Pyridoxine Hydrochloride (Vit. B₆), Riboflavin (Vit. B₂), Sodium Citrate, Sodium Lactate, Vitamin A Acetate, Zinc Sulfate.

Keep out of reach of children.

Do not take this product with other products containing folic acid or vitamin A.

As with any supplement, if you are pregnant, nursing or taking medication, consult your doctor before use.

Store at room temperature. Keep bottle tightly closed. Protect from moisture. Due to use of plant-based colors, gummy appearance may change over time. This does not alter the product potency.

[†]B-vitamins support daily energy needs*

[†]Antioxidant vitamins C, E and zinc support normal immune function*

[†]B-vitamins aid in the metabolism of fats, carbohydrates and proteins*



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