

RESEAL
HERE

MegaFood®

KIDS ONE DAILY



**MULTIVITAMIN
SOFT CHEWS**
GRAPE FLAVOR
WITH OTHER NATURAL FLAVORS



30 INDIVIDUALLY WRAPPED
SOFT CHEWS • 30 SERVINGS

**MULTIVITAMIN & MINERAL
DIETARY SUPPLEMENT**



REV: 3 08/2020

Reseal for
Optimal
FRESHNESS

MegaFood®

MegaFood Kids One Daily Multivitamin Soft Chews support optimal health and well-being.* They provide antioxidant vitamins C, E, plus beta carotene and nutrients that kids may be missing in their daily diet for healthy growth and development.* They also include our Fruit Phenolic Blend with oranges, cranberries, and blueberries.

We believe that the most nutritious food comes from healthy soils and valued farmers. Our goal is to work with farmers who share our commitment to organic and regenerative agriculture.
megafood.com/farmers



To learn about our seals, please visit megafood.com/standards.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Biotin is an important nutrient. Biotin may interfere with lab tests. If you are taking medication or planning to undergo lab testing, consult with your doctor before use.

Suggested Use: For kids 4 and above, take 1 chew daily. May be taken any time of day.

Supplement Facts

Serving Size 1 Chew Servings per Container 30

Amount per Serving	% DV
Calories 20	
Total Carbohydrate 5 g	2%*
Total Sugars 3 g	**
Includes 3 g Added Sugars	6%*
Vitamin A (as beta carotene) 250 mcg RAE	28%
Vitamin C (as ascorbic acid) 20 mg	22%
Vitamin D3 (as cholecalciferol) 3.3 mcg	17%
Vitamin E (as d-alpha tocopherol) 3.3 mg	22%
Niacin (as niacinamide) 7 mg NE	44%
Vitamin B6 (as pyridoxine hydrochloride) 2 mg	118%
Folate (as folic acid) 226 mcg DFE (136 mcg folic acid)	57%
Vitamin B12 (as methylcobalamin) 5 mcg	208%
Biotin 100 mcg	333%
Pantothenic Acid (as d-panthanol) 3 mg	60%
Chromium (as chromium picolinate) 10 mcg	29%
Molybdenum (as molybdenum yeast) 7 mcg	16%

Fruit Phenolic Blend (Organic Whole Orange, Organic Cranberry, Organic Blueberry) 5 mg **

* % Daily Value (DV) based on a 2,000 calorie diet
** % Daily Value (DV) not established

Other Ingredients: Organic raw cane sugar, organic rice syrup, palm oil*, rice bran, natural flavors, sunflower lecithin, malic acid, fruit and vegetable juice (for color), glycerin, citric acid, rosemary leaf extract (to preserve freshness).

Made for MegaFood, PO Box 5244, Manchester, NH 03108 USA
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Keep out of reach of children. Store tightly sealed in a cool place and avoid exposure to moisture. Once open, consume within three months.

*Sustainably sourced and certified by the Roundtable of Sustainable Palm Oil (RSPO)

QR
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