

Powerful Adaptogens for Natural Calm: Contains Ashwagandha, Rhodiola Rosea and Ginseng to support overall mood balance. Adaptogens are amazing mood stabilizers that help decrease sensitivity to stressors than can cause both highs and lows.[†]

B-Vitamins for Natural Stress Relief:

Contains the most effective form of Stress B Complex Vitamins (coenzyme) for maximum absorption. Also includes Vitamin C, Zinc and Magnesium.[†]

Clinically Studied Zembrin®:

A plant extract that supports neural circuits involved in processing emotions.[†]

Questions? Call 1-800-436-0110

www.ProceraHealth.com

WARNING: Consult your healthcare practitioner prior to using this product if you are pregnant, nursing, under the age of 18, or have a medical condition. If you experience any adverse reactions to this product, discontinue use & consult your healthcare practitioner. Do not exceed recommended intake. Store in a cool, dry place. Keep out of reach of children.

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PERFORMANCE SERIES

PROCERA[®] *mood*

CALM & STRESS RELIEF

Natural Calm Support:
Ashwagandha, Rhodiola & More[†]

Vitamins & Minerals:
Vitamins B & C, Magnesium
L-Theanine & Zinc[†]

Dietary Supplement

60 Capsules

Suggested Use: Take two (2) capsules daily.

Supplement Facts

Serving Size: 2 Capsules

Servings Per Container: 30

	Amount Per Serving	% DV
Vitamin C (from Mg ascorbate)	200 mg	333%
Vitamin B-2 (from riboflavin 5'-phosphate)	5 mg	294%
Vitamin B-3 (as niacinamide)	40 mg	200%
Vitamin B-6 (from pyridoxal 5'-phosphate)	10 mg	500%
Folate (as L-5-MTHF)	100 mcg	25%
Vitamin B-12 (as methylcobalamin)	100 mcg	1,667%
Magnesium (from Mg ascorbate)	16 mg	4%
Zinc (from Zn malate)	10 mg	67%

Herbal Adaptogen Blend: 525mg *

Ashwagandha Extract (*Withania somnifera*) (7% Withanolides) (root)
American Ginseng Extract (PE 4:1)(root)
Rhodiola rosea (3% Rosavins/2% Salidroside) (root)

L-Theanine

Zembrin[®] Extract (*Sceletium tortuosum*)

*Daily Value (DV) Not Established

Other Ingredients: HPMC (Veggie capsule), microcrystalline cellulose, silicon dioxide, magnesium stearate.

Zembrin

Zembrin[®] is a registered trademark of HG&H Pharmaceuticals (Pty) Ltd. U.S. Patent #6,288,104

[†]These statements have not been evaluated by the food and drug administration. This product is not intended to diagnose, treat, cure or prevent any disease.