



To learn about our seals, please visit [megafood.com/standards](http://megafood.com/standards).

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**MegaFood®**  
Fresh From Farm To Tablet™

**Vitamin D3**  
2000 IU (50 mcg)

**Supports Immune & Bone Health\***



**DIETARY SUPPLEMENT**

**Suggested Use:** 1 tablet daily with a beverage. May be taken anytime throughout the day, even on an empty stomach.

## Supplement Facts

**Serving Size 1 Tablet Servings per Container 90**

| Amount per Serving                                            | % DV |
|---------------------------------------------------------------|------|
| Vitamin D3<br>(as fermented cholecalciferol) 50 mcg (2000 IU) | 250% |

|                                                                                                                         |    |
|-------------------------------------------------------------------------------------------------------------------------|----|
| <b>Nourishing Food &amp; Herb Blend</b> 605 mg                                                                          | ** |
| <i>S. cerevisiae</i> , Organic Brown Rice, Organic Broccoli,<br>Organic Parsley Leaf, Organic Carrot, Organic Beet Root |    |

\*\* % Daily Value (DV) not established

**Other Ingredients:** Microcrystalline cellulose, ferment media (organic brown rice, autolyzed yeast extract, rice protein, yeast [inactive]), silicon dioxide, stearic acid, hypromellose.

Made by MegaFood, PO Box 5244, Manchester, NH 03108 USA  
[megafood.com](http://megafood.com) / 800.848.2542

MegaFood Vitamin D3 2000 IU supports your immune system and bone health, and includes a blend of real food for additional nourishment.\*

This MegaFood product is made with real food, wholesome nutritional yeast, and added nutrients. Satisfaction guaranteed or your money back.

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Keep out of reach of children. Store tightly sealed in a cool place and avoid exposure to moisture. Once open, consume within three months.



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Best Lot#: Before: