

Suggested Use: 1 tablet daily with a beverage. May be taken anytime throughout the day, even on an empty stomach.

Supplement Facts

Serving Size 1 Tablet Servings per Container 60

Amount per Serving %

Vitamin D3

(as fermented cholecalciferol) 50 mcg (2000 IU) 250%

% DV

Nourishing Food & Herb Blend 605 mg **
S. cerevisiae, Organic Brown Rice, Organic Broccoli,
Organic Parsley Leaf, Organic Carrot, Organic Beet Root

** % Daily Value (DV) not established

Other Ingredients: Microcrystalline cellulose, ferment media (organic brown rice, autolyzed yeast extract, rice protein, yeast [inactive]), silicon dioxide, stearic acid, hypromellose.

Made by MegaFood, PO Box 5244, Manchester, NH 03108 USA megafood.com / 800.848.2542

MegaFood Vitamin D3 2000 IU supports your immune system and bone health, and includes a blend of real food for additional nourishment.*

This MegaFood product is made with real food, wholesome nutritional yeast, and added nutrients. Satisfaction guaranteed or your money back.

F1249B

Rev: 14 07/20 Best Before

^oThis statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Keep out of reach of children. Store tightly sealed in a cool place and avoid exposure to moisture. Once open, consume within three months.