



To learn about our seals, please visit megafood.com/standards.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

MegaFood®
Fresh From Farm To Tablet™

Vitamin D3
1000 IU (25 mcg)

Supports Immune & Bone Health*



90
TABLETS
90
SERVINGS

DIETARY SUPPLEMENT

Suggested Use: 1 tablet daily with a beverage. May be taken anytime throughout the day, even on an empty stomach.

Supplement Facts

Serving Size 1 Tablet Servings per Container 90

Amount per Serving	% DV
Vitamin D3 (as fermented cholecalciferol) 25 mcg (1000 IU)	125%

Nourishing Food & Herb Blend 650 mg	**
Organic Brown Rice, <i>S. cerevisiae</i> , Organic Parsley Leaf, Organic Broccoli, Organic Carrot, Organic Beetroot	

** % Daily Value (DV) not established

Other Ingredients: Microcrystalline cellulose, stearic acid, hypromellose, silicon dioxide, ferment media (rice protein, organic brown rice, yeast [inactive], autolyzed yeast extract).

Made by MegaFood, PO Box 5244, Manchester, NH 03108 USA
megafood.com / 800.848.2542

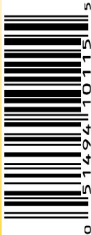
MegaFood Vitamin D3 1000 IU promotes healthy immune function and bone health.* Vitamin D3 cholecalciferol is the most easily absorbed and utilized form of vitamin D.

This MegaFood product is made with real food, wholesome nutritional yeast, and added nutrients. Satisfaction guaranteed or your money back.

We believe that the most nutritious food comes from healthy soils and valued farmers. Our goal is to work with farmers who share our commitment to organic and regenerative agriculture.
megafood.com/farmers

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Keep out of reach of children. Store tightly sealed in a cool place and avoid exposure to moisture. Once open, consume within three months.



F1226B
Rev: 18 08/20
Lot#: 5149410115
Best Before: