

Suggested Usage: Take one (1) softgel per day with food or as directed by your healthcare professional. For advanced support, take two (2) softgels per day.

Procera Essentials Omega-3 is a complete and balanced fish oil in a once daily softgel. Just one Omega-3 softgel provides the EPA & DHA to support the foundational needs of the brain and body.



Procera Essentials Omega-3 is part of our Foundational Nutrition Series. For more information, please visit www.ProceraHealth.com or call 1-800-436-0110.

WARNING: Consult your healthcare practitioner prior to using this product if you are pregnant, nursing, under the age of 18, taking medication, or have a medical condition. If you experience any adverse reactions to this product, discontinue use and consult your healthcare practitioner.

STORE IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN.

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* These statements have not been evaluated by the food and drug administration. This product is not intended to diagnose, treat, cure or prevent any disease.

PROCERA[®]

ESSENTIALS

OMEGA-3



DIETARY SUPPLEMENT
30 SERVINGS

Supplement Facts

Serving Size: 1 Softgel

Servings Per Container: 30

		% DV*
Calories	13	
Calories from Fat	13	
Total Fat	1.2 g	2%
Saturated Fat	0.1 g	1%
Unsaturated Fat	1.1 g	†
Trans Fat	0 g	†
Fish Oil Concentrate	1000 mg	†
EPA (Eicosapentaenoic Acid)	360 mg	†
DHA (Docosahexaenoic Acid)	240 mg	†

* Percent daily value are based on a 2,000 calorie diet.
† Daily value not established.

Other Ingredients: Marine Lipid Concentrate, Gelatin, Glycerin, Purified Water, Mixed Tocopherols.