

Relaxia™ will get you on your way to a much better day.

Natrol® Relaxia helps manage occasional stress, anxiety and tension.† It is specially formulated with a blend of calming herbals that help you feel calm and balanced throughout the day.†

- 100% Drug-Free
- Non-Habit Forming
- Vegetarian

**STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.**

WARNING: Consult your healthcare professional prior to use if you have or suspect a medical condition, are taking prescription drugs. Do not use if you are pregnant, lactating or under the age of 18 years.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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NATROL®

Relaxia™

ULTIMATE CALM

**Reduces Occasional Stress,
Anxiety & Tension†**

26 CAPSULES

DIETARY SUPPLEMENT

Directions: Take 1 capsule daily with or without food.

Supplement Facts

Serving Size: 1 Capsule

Servings per Container: 26

Amount Per Serving	% DV
L-Theanine	200 mg *
Sensoril® Ashwagandha (<i>Withania Somnifera</i>) Root and Leaf Extract (10% Withanolides)	125 mg *
5-HTP (5-Hydroxytryptophan) (from <i>Griffonia simplicifolia</i>) (seed)	100 mg *
Lemon Balm Extract (<i>Aerial</i>)	3 mg *

* Daily Value (DV) not established.

Other Ingredients: Hypromellose, Maltodextrin, Rice Powder, Magnesium Stearate, Silicon Dioxide.

NO: Milk, Egg, Fish, Crustacean Shellfish, Tree Nuts, Peanuts, Wheat, Soybeans, Yeast, Artificial Colors or Flavors, Added Sugar or Preservatives.

‡ Sensoril® is a trademark of Natreon, Inc. and is protected under U.S. Patents 6,153,198 & 7,318,938.

Manufactured by NATROL LLC
Chatsworth, CA 91311 • USA

1-800-2-NATROL (800-262-8765) www.natrol.com

LOT/EXP: