

**Sleep Better Tonight
Rest Assured[†]**

NATROL[®]
Melatonin 5mg

SLEEP

- 🌱 Fall Asleep Faster[†]
- 🌱 Stay Asleep Longer[†]
- 🌱 100% Drug-Free

90 GUMMIES | Strawberry
DIETARY SUPPLEMENT



Melatonin is naturally produced in the body to help guide our 'sleep-wake' cycle.

Factors like stress, diet, age and screen time before bed can interrupt melatonin production and disrupt your sleep. Natrol Melatonin can help.[†]

#1 Melatonin Brand[^]

[^] Nielsen xAOC, 52 weeks ending 1/25/20

NO: Milk, Egg, Fish, Crustacean Shellfish, Tree Nuts, Peanuts, Wheat, Soybeans, Yeast, Artificial Flavors, Preservatives, or Synthetic Dyes.

**STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.**

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

WARNING: If you are taking medication, have any medical condition, are pregnant or lactating, have an autoimmune condition or depressive disorder, consult a physician before using this product. Do not take while operating machinery or driving a vehicle. Not for use by children under 12 years of age. Consult a physician before use in children.

DIRECTIONS: Take 1 gummy 20-30 minutes before bedtime.

Supplement Facts

Serving Size: 1 Gummy
Servings Per Container: 90

Amount Per Serving		%DV
Calories	10	
Total Carbohydrate	2 g	1%*
Total Sugars	1 g	**
Includes 1g Added Sugars		2%*
Melatonin	5 mg	**

* Percent Daily Values are based on a 2,000 calorie diet.
**Daily Value (DV) not established.

OTHER INGREDIENTS: Organic Tapioca Syrup, Organic Cane Sugar, Pectin, Natural Flavor, Citric Acid, Elderberry Juice (color), Sodium Citrate, Coconut Oil, Carnauba Wax.

Manufactured for NATROL LLC,
Chatsworth, CA 91311, USA
1-800-2-NATROL (800-262-8765)
www.natrol.com

**Your Sweetest
Sleep Yet**

Natrol[®] Melatonin gummies help you get better sleep so you wake up rested.[†] And they taste great too!

- 🌱 Non-GMO
- 🌱 Vegetarian & Gelatin Free
- 🌱 No Artificial Flavors, Sweeteners or Preservatives

Melatonin is a solution for occasional sleeplessness.[†]

LOT/EXP:

ITEM: 7725 - 20058

