

H³O® Fitness Drink provides rapid hydration, immediate energy and vitamins C and E for antioxidant support to optimize your workout. Drink during physical activity for:

- Essential electrolytes for rapid hydration
- Carbohydrate blend for immediate energy
- Excellent source of vitamins C and E to neutralize free radicals
- No caffeine

Designed to quickly replace the sodium and potassium lost through sweat, **H³O®** allows for better absorption of water. Drink **H³O®** to keep your body properly hydrated and energized.

DIRECTIONS: Mix 2 level scoops (15g) of powder with 8 - 12 fl oz of water. For a lighter flavor, simply add more water to desired level of sweetness. Shake or stir and enjoy.

30-day money-back guarantee. This exclusively formulated product is only available through Herbalife Nutrition Independent Distributors.

**NET WT:
10.6 OZ (300g)**



ENERGIZE | HYDRATE
ANTIOXIDANT SUPPORT



ORANGEADE
natural flavor with other natural flavors

Nutrition Facts

20 servings per container
Serving size 2 scoops (15g)

Amount per serving
Calories **60**

	% DV*		% DV*		% DV*
Total Fat 0g	0%	Dietary Fiber 0g	0%	Iron 0mg	0%
Saturated Fat 0g	0%	Total Sugars 12g		Potassium 100mg	2%
Trans Fat 0g		Includes 12g Added Sugars	24%	Vitamin A 37mcg RAE	4%
Cholesterol 0mg	0%	Protein 0g	0%	Vitamin C 60mg	70%
Sodium 100mg	4%	Vitamin D 0mcg	0%	Vitamin E 14mg	90%
Total Carbohydrate 14g	5%	Calcium 0mg	0%	Magnesium 20mg	4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Trehalose Dihydrate, Sugar, Citric Acid, Mixed Tocopherols, Natural Orange Flavor, Salt, Calcium Lactate, Sodium Citrate, Potassium Chloride, Potassium Citrate, Ascorbic Acid, Beta Carotene (Color), Magnesium Oxide, and Sucralose. Contains bioengineered food ingredients.

Formulated and distributed exclusively by:
HERBALIFE INTERNATIONAL OF AMERICA, INC., 800 W. Olympic Blvd., Suite 406, Los Angeles, CA 90015, USA
Made in USA with US and imported ingredients

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