

Natural CALM *plus* CALCIUM

Directions: Place powder in a glass or mug; add 2–3 oz of hot water. Let it fizz, then stir until dissolved. Fill with warm or cold water and enjoy.

Ingredients: Calcium gluconate, a proprietary blend of citric acid and magnesium carbonate—which, in combination with water, creates ionic magnesium citrate—ascorbic acid, organic raspberry and lemon flavors, potassium citrate, organic stevia, vitamin D₃, and boron citrate.

Supplement Facts

Serving Size: 1 packet (4.2 g)

Amount per Serving		% Daily Value
Vitamin C (as ascorbic acid)	148 mg	246
Vitamin D₃ (as cholecalciferol)	59 IU	14
Calcium (elemental from calcium gluconate)	117 mg	11
Magnesium (elemental from magnesium citrate)	179 mg	44
Potassium (elemental from potassium citrate)	59 mg	1.6
Boron (elemental from boron citrate)	148 mcg	**

**Daily Value not established



Distributed by **Natural Vitality** www.naturalvitality.com
Customer service 866.416.9216

Dietary Supplement / Net Wt. 0.15 oz / 4.2 g

Organic Raspberry-Lemon Flavor

Premium *Balanced* Magnesium-Calcium Drink

CALCIUM

CALM *plus*

