

Stop breakdown. Start rebuilding.

**Rebuild Strength** We’ve created a sustained muscle building shake that delivers a tri-core protein-amino blend of free amino acids, whey and casein proteins to help rebuild fatigued muscle over a multi-hour period.\* Rebuild Strength’s carbohydrate blend helps enhance muscle-recovery by supporting the delivery of amino acids for muscle synthesis.\*

- Sustained Amino Acid Delivery\*
- Rebuild Lean Muscle\*
- Support Immune Function\*

24g

Protein

Tri-Core

Protein Amino Blend

3000mg‡

L-Glutamine

4000mg

BCAA

**DIRECTIONS:** Gently shake the canister prior to each use as contents may settle. Mix 2 scoops (50g) with 8 fl oz of water or liquid of your choice and shake. Consume one shake per day within 30 minutes following physical activity.

**NSF Certified for Sport®** (Verify this batch has been tested at [www.nsf sport.com](http://www.nsf sport.com)):

- TESTED - Clean of athletic banned substances
- VERIFIED - Meets label claims and contaminant test criteria
- AUDITED - Manufacturing facility is GMP compliant

**30-day money-back guarantee.** This exclusively formulated product is only available through Herbalife Nutrition Independent Distributors.

‡ L-Glutamine content includes free amino acid and that naturally occurring in protein.

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

# HERBALIFE 24

NUTRITION FOR THE 24-HOUR ATHLETE

## REBUILD STRENGTH

IMMEDIATE AND SUSTAINED MUSCLE RECOVERY\*

VANILLA ICE CREAM

natural flavor with other natural flavors  
no artificial sweeteners

DIETARY SUPPLEMENT

NET WT: 35.3 OZ (1000g)



## Supplement Facts

Serving Size: 2 scoops (50 g)  
Servings Per Container: 20

|                                                                                                                                                                                               | Amount Per Serving | % DV** |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------|--------|
| Calories                                                                                                                                                                                      | 190                |        |
| Total Fat                                                                                                                                                                                     | 1.5 g              | 2%     |
| Saturated Fat                                                                                                                                                                                 | 1 g                | 4%     |
| Cholesterol                                                                                                                                                                                   | 35 mg              | 11%    |
| Total Carbohydrate                                                                                                                                                                            | 18 g               | 6%     |
| Total Sugars                                                                                                                                                                                  | 14 g               |        |
| Includes 13 g Added Sugars                                                                                                                                                                    |                    | 26%    |
| Protein                                                                                                                                                                                       | 24 g               | 48%    |
| Vitamin C (as Ascorbic Acid)                                                                                                                                                                  | 90 mg              | 100%   |
| Vitamin E (as DL-Alpha Tocopheryl Acetate)                                                                                                                                                    | 3.6 mg             | 24%    |
| Vitamin B1 (as Thiamine Mononitrate)                                                                                                                                                          | 1.1 mg             | 92%    |
| Vitamin B6 (as Pyridoxine Hydrochloride)                                                                                                                                                      | 1 mg               | 59%    |
| Vitamin B12 (as Cyanocobalamin)                                                                                                                                                               | 3 mcg              | 125%   |
| Pantothenic Acid (as Calcium D-Pantothenate)                                                                                                                                                  | 5 mg               | 100%   |
| Calcium                                                                                                                                                                                       | 400 mg             | 31%    |
| Iron (as Ferrous Fumarate)                                                                                                                                                                    | 3.4 mg             | 19%    |
| Magnesium (as Magnesium Oxide and Magnesium Citrate)                                                                                                                                          | 120 mg             | 29%    |
| Chromium (as Chromium Chloride)                                                                                                                                                               | 17 mcg             | 49%    |
| Sodium (as Sea Salt)                                                                                                                                                                          | 190 mg             | 8%     |
| Potassium (as Potassium Citrate)                                                                                                                                                              | 350 mg             | 7%     |
| Stevia Extract (Leaf)                                                                                                                                                                         | 50 mg              | †      |
| Tri-Core Protein Amino Blend                                                                                                                                                                  | 14 g               | †      |
| Milk Protein Concentrate, L-Glutamine, Whey Protein Isolate, Whey Protein Concentrate, Instantized Branched Chain Amino Acids [(BCAA) L-Leucine, Valine and Isoleucine] and Calcium Caseinate |                    |        |

\*\* Percent Daily Values (% DV) are based on a 2,000 calorie diet.  
† Daily Value not established.

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OTHER INGREDIENTS:

Whey Protein Concentrate, Milk Protein Concentrate, Dextrose, Sugar, Maltodextrin, High Oleic Sunflower Oil, Medium Chain Triglycerides, Natural Cheesecake Flavor, Natural Vanilla Bean Flavor, Silicon Dioxide, Natural Flavor, and Guar Gum. **CONTAINS MILK AND SOY.**

Formulated and distributed exclusively by:

HERBALIFE INTERNATIONAL OF AMERICA, INC.

800 W. Olympic Blvd., Suite 406, Los Angeles, CA 90015, USA

Made in USA with US and imported ingredients

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