

Natrol® Midnight Sleep Fast Dissolve:

Keep Natrol® Midnight Sleep nearby so the next time you wake you can reach for an easy-to-take fast dissolve tablet.

- Melatonin: Helps guide sleep-wake cycles.[†]
- L-Theanine: Naturally occurring amino acid that promotes calm.[†]

*Melatonin is a solution for occasional sleeplessness.[†]

STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.

[†] These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

ITEM: 7732 F: 3003352 L: 2009833-20016



NATROL® Midnight Sleep

MELATONIN

For Middle of the
Night Wakeups^{†*}

Helps You Fall
Asleep Faster[†]

**FAST
DISSOLVE**



LAVENDER VANILLA

**100%
DRUG
FREE**

30 TABLETS

DIETARY SUPPLEMENT

Directions: Take 1 tablet as needed in the middle of the night. Dissolve in mouth or chew before swallowing. No water necessary. For best results, take at least 3 hours before waking.

Supplement Facts

Serving Size: 1 Tablet

Servings Per Container: 30

Amount Per Serving	%DV
L-Theanine	50 mg *
Melatonin	3 mg *

*Daily Value (DV) not established.

Other Ingredients: Xylitol, Maltodextrin, Soy Polysaccharides, Crospovidone, Modified Food Starch, Organic Rice Concentrate, Stearic Acid, Magnesium Stearate, Hydroxypropyl Cellulose, Natural Flavors, Citric Acid, Gum Arabic.

Contains: Wheat and Soy

NO: Milk, Egg, Fish, Crustacean Shellfish, Tree Nuts, Peanuts, Yeast, Artificial Colors or Flavors

WARNING: If you are taking medication, have any medical condition, are pregnant or lactating, have an autoimmune condition or depressive disorder, consult a physician before using this product. Do not take while operating machinery or driving a vehicle. Not for use by children under 4 years of age. Consult a physician before use in children.

Manufactured by NATROL LLC, Chatsworth, CA 91311, USA
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LOT/EXP: