



Centrum[®]
SPECIALIST[®]

HEART
MULTIVITAMIN



High Potency
Super B Complex with
Phytosterols

120
Tablets

MULTIVITAMIN/MULTIMINERAL/
PHYTOSTEROLS SUPPLEMENT

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Suggested Use: Adults -Take one (1) tablet twice daily with meals or snacks. Not formulated for use in children.

Supplement Facts

Serving Size 1 Tablet (Take 2 Daily)

Amount Per Serving	% DV
Vitamin A 525 mcg (17% as Beta-Carotene)	58%
Vitamin C 30 mg	33%
Vitamin D ₃ 5 mcg (200 IU)	25%
Vitamin E 6.8 mg	45%

Amount Per Serving	% DV
Vitamin K 12.5 mcg	10%
Thiamin 0.8 mg	63%
Riboflavin 0.9 mg	65%
Niacin 10 mg	63%
Vitamin B ₆ 2.5 mg	147%
Folate 333 mcg DFE (200 mcg Folic Acid)	83%
Vitamin B ₁₂ 100 mcg	4,167%
Biotin 15 mcg	50%

Amount Per Serving	% DV
Pantothenic Acid 5 mg	100%
Calcium 54 mg	4%
Iron 3 mg	17%
Phosphorus 40 mg	3%
Iodine 75 mcg	50%
Magnesium 20 mg	5%
Zinc 3.8 mg	34%
Selenium 10 mcg	18%
Copper 0.4 mg	44%

Amount Per Serving	% DV
Manganese 1 mg	43%
Chromium 60 mcg	171%
Molybdenum 38 mcg	83%
Chloride 29 mg	1%
Sodium 5 mg	<1%
Potassium 32 mg	<1%
Phytosterols 400 mg	*

* Daily Value (DV) not established.

Ingredients: Phytosterols, Microcrystalline Cellulose, Dibasic Calcium Phosphate, Croscarmellose Sodium, Potassium Chloride, Ascorbic Acid (Vit. C), Magnesium Oxide. **Contains <2% of:** Beta-Carotene, BHT (to preserve freshness), Biotin, Calcium Pantothenate, Cholecalciferol (Vit. D₃), Chromic Chloride, Cupric Sulfate, Cyanocobalamin (Vit. B₁₂), DL-alpha Tocopheryl Acetate, Ferrous Fumarate, Folic Acid, Gelatin, Lecithin (soy), Magnesium Stearate, Manganese Sulfate, Niacinamide, Phytonadione (Vit. K), Polyethylene Glycol, Polyvinyl Alcohol, Potassium Iodide, Pyridoxine Hydrochloride (Vit. B₆), Riboflavin (Vit. B₂), Silicon Dioxide, Sodium Molybdate, Sodium Selenate, Talc, Thiamine Mononitrate (Vit. B₁), Titanium Dioxide, Tocopherols (to preserve freshness), Vitamin A Acetate, Yellow 6 Lake, Zinc Oxide. **Contains:** Soy.

As with any supplement, if you are taking medication consult your doctor before use. Do not exceed suggested use.

Dietary supplementation with phytosterols is not suitable for pregnant or lactating women.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

If taking other supplements, read label, since supplements may contain the same ingredient.

Sitosterolemics: Contains Phytosterols (Sitosterols).

Store at room temperature. Keep bottle tightly closed.

Bottle sealed with printed foil under cap. Do Not Use if foil is torn.

Marketed by: Pfizer, Madison, NJ 07940 USA

Made in Canada © 2019 Pfizer Inc.

Questions? Comments? Call 1-877-CENTRUM (236-8786)

For most recent product information, visit www.centrum.com

For US Patent or Application status see www.productpats.com

Not a replacement for cholesterol-lowering drugs

PAA120037

