

SUPER COLON CLEANSE® CAPSULES

SUGGESTED USE: Adults take 4 capsules 3 times daily with at least 10–12 ounces of water, juice or your favorite beverage. Taking this product without enough liquid may cause choking. **Children** (6 yrs. to 12 yrs.) ½ the adult dosage. Use Super Colon Cleanse® about every 2 months and for no more than 10 days at a time. **Suggested use for better results:** Super Colon Cleanse® may be used alternatively with our top selling Colon Cleanse® Original. Use Super Colon Cleanse® for a thorough cleansing periodically, followed by Colon Cleanse® Original for maintenance in between.

NOTICE: This product contains Buckthorn and Senna. Read and follow directions carefully. Do not use if you have or develop diarrhea, loose stools, or abdominal pain because senna and buckthorn may worsen these conditions and be harmful to your health. Consult your physician if you have frequent diarrhea. If you are pregnant, nursing, taking medication or have a medical condition, consult your physician before using this product.

NOTICE: Accidental overdose of iron containing products is a leading cause of fatal poisoning in children under 6. In case of accidental overdose, call a doctor or poison control center immediately.

Keep this product out of reach of children. Store below 86°F.

For individuals who lack sufficient fiber in their diet and to help maintain regularity.*

SUPER Colon Cleanse®

180 Capsules

LOW FAT
NO CHOLESTEROL
NO SODIUM
LOW CALORIES

GOOD
SOURCE
OF FIBER

Bulk Forming
Dietary Supplement

RECOMMENDED FOR:
Low Carb Diets and
Diabetic & Cholesterol
Management

Established in 1981

one

#1 in a series of
8 body cleansing
products from
HEALTH PLUS

Supplement Facts

Serving Size: 4 Capsules
Servings Per Container: 45

Amount Per Serving	%Daily Value**
Calories 10	
Total Carbohydrates 1g	1%
Dietary Fiber <1g	3%
Iron 1mg	6%
Psyllium Husk Powder 1g	*
Senna Powder 576mg	*

** Percent Daily Values are based on a 2000 calorie diet

* Daily Value not established

OTHER INGREDIENTS: Fennel Seed, Peppermint, Papaya, Rose Hips, Buckthorn Bark, Barberry Root, Celery and Acidophilus.

The next step in internal cleansing: While continuing with Colon Cleanse, also use the next 7 products in the Total Body Cleansing System:

- 2 Liver Cleanse
- 3 Kidney Cleanse
- 4 Blood Cleanse
- 5 Adrenal Cleanse
- 6 Heart Cleanse
- 7 Joint Cleanse
- 8 Prostate Cleanse

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