

VERIFIED
Non-GMO & Gluten Free[™]

Centrum[®]
SILVER[®]



325 Tablets

MULTIVITAMIN/
MULTIMINERAL SUPPLEMENT

Adults 50+

Centrum[®]
SILVER[®]

Scientifically formulated for Adults 50+

SUGGESTED USE: Adults: Take one (1) tablet daily with food. Not formulated for use in children. Do not exceed suggested use.

Supplement Facts

Serving Size 1 Tablet

| Amount Per Serving | % DV |
|--|------|
| Vitamin A 750 mcg (40% as Beta-Carotene) | 83% |
| Vitamin C 60 mg | 67% |
| Vitamin D ₃ 25 mcg (1,000 IU) | 125% |
| Vitamin E 22.5 mg | 150% |
| Vitamin K 30 mcg | 25% |

| Amount Per Serving | % DV |
|---|--------|
| Thiamin 1.5 mg | 125% |
| Riboflavin 1.7 mg | 131% |
| Niacin 20 mg | 125% |
| Vitamin B ₆ 3 mg | 176% |
| Folate 667 mcg DFE (400 mcg Folic Acid) | 167% |
| Vitamin B ₁₂ 25 mcg | 1,042% |
| Biotin 30 mcg | 100% |
| Pantothenic Acid 10 mg | 200% |

| Amount Per Serving | % DV |
|--------------------|------|
| Calcium 220 mg | 17% |
| Phosphorus 20 mg | 2% |
| Iodine 150 mcg | 100% |
| Magnesium 50 mg | 12% |
| Zinc 11 mg | 100% |
| Selenium 19 mcg | 35% |
| Copper 0.5 mg | 56% |
| Manganese 2.3 mg | 100% |
| Chromium 50 mcg | 143% |

| Amount Per Serving | % DV |
|--------------------|------|
| Molybdenum 45 mcg | 100% |
| Chloride 72 mg | 3% |
| Potassium 80 mg | 2% |
| Lutein 250 mcg | * |
| Lycopene 300 mcg | * |

*Daily Value (DV) not established.

Ingredients: Calcium Carbonate, Potassium Chloride, Dibasic Calcium Phosphate, Magnesium Oxide, Microcrystalline Cellulose, Ascorbic Acid (Vit. C), DL-alpha Tocopheryl Acetate (Vit. E), Maltodextrin, Modified Corn Starch, Corn Starch. **Contains <2% of:** Beta-Carotene, BHT (to preserve freshness), Biotin, Blue 2 Lake, Calcium Pantothenate, Cholecalciferol (Vit. D₃), Chromium Picolinate, Copper Sulfate, Crospovidone, Cyanocobalamin (Vit. B₁₂), Folic Acid, Gelatin, Hypromellose, Lutein, Lycopene, Magnesium Stearate, Manganese Sulfate, Medium-Chain Triglycerides, Niacinamide, Phytonadione (Vit. K), Polydextrose, Potassium Iodide, Pyridoxine Hydrochloride (Vit. B₆), Red 40 Lake, Riboflavin (Vit. B₂), Silicon Dioxide, Sodium Ascorbate (to preserve freshness), Sodium Molybdate, Sodium Selenate, Talc, Thiamine Mononitrate (Vit. B₁), Titanium Dioxide, Tocopherols (to preserve freshness), Vitamin A Acetate, Yellow 6 Lake, Zinc Oxide.

As with any supplement, if you are pregnant, nursing, or taking medication, consult your doctor before use.

If taking other supplements, read label, since supplements may contain the same ingredient.

Keep out of reach of children.

Store at room temperature. Keep bottle tightly closed.

Bottle sealed with printed foil under cap. Do Not Use if foil is torn.

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Questions? Comments?
Call 1-877-CENTRUM (236-8786)

For most recent product information, visit www.centrum.com

For US Patent or Application status see www.productpats.com

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

FloraGLO[®]
LUTEIN

¹B-vitamins and lycopene help promote heart health^{*}

²Zinc and B-vitamins help support normal brain function^{*}

³Vitamins A, C, and E and Lutein⁺ support healthy eyes^{*}

⁴This product is not intended to provide daily intake of lutein. Take with a diet rich in fruits and vegetables.

⁵Not a replacement for cholesterol-lowering drugs

⁶Non-GMO applies to Centrum & Centrum Silver Tablets only, learn more at centrum.com.

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