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MegaFood
Fresh From Farm To Powder™

Kids Daily Multi

Supports Optimal Health and Well-being*



with turmeric, carrots & Fruit Phenolic Blend
UNSWEETENED POWDER DIETARY SUPPLEMENT

Net Wt. 49.8 g (1.8 oz)

Suggested Use: For ages 5 and over, blend one level scoop with 6-8 ounces of your child's favorite smoothie, shake or juice. Please use as intended.

Supplement Facts

Serving Size 1 Level Scoop (1.66 g) Servings per Container 30

Amount per Serving	% DV	Amount per Serving	% DV
Vitamin A (as beta carotene with carrot) [†] 190 mcg RAE	21%	Iodine (as fermented iodine glycinate) 20 mcg	13%
Vitamin C (as ascorbic acid with organic orange) [†] 60 mg	67%	Magnesium (as fermented magnesium bisglycinate) 10 mg	2%
Vitamin D3 (as fermented cholecalciferol) 15 mcg	75%	Zinc (as fermented zinc bisglycinate) 8 mg	73%
Vitamin E (as d-alpha tocopherol from sunflower seed oil) [†] 6.7 mg	45%	Selenium (as fermented selenium glycinate) 3 mcg	5%
Vitamin K (as phytonadione with cabbage) [†] 25 mcg	21%	Copper (as fermented copper bisglycinate) 0.08 mg	9%
Thiamin (as thiamine hydrochloride with <i>S. cerevisiae</i>) [†] 1.5 mg	125%	Manganese (as fermented manganese bisglycinate) 1 mg	43%
Riboflavin (as riboflavin with organic brown rice) [†] 1.7 mg	131%	GTF Chromium (as fermented chromium glycinate, nicotinate, glutamate) 20 mcg	57%
Niacin (as niacinamide with <i>S. cerevisiae</i>) [†] 20 mg NE	125%	Molybdenum (as fermented molybdenum bisglycinate) 2 mcg	4%
Vitamin B6 (as pyridoxine hydrochloride with <i>S. cerevisiae</i>) [†] 2 mg	118%	Fruit Phenolic Blend 300 mg	**
Folate (as folic acid with broccoli) [†] 170 mcg DFE (100 mcg folic acid)	43%	Organic Whole Orange, Organic Cranberry, Organic Blueberry	
Vitamin B12 (as cyanocobalamin with <i>S. cerevisiae</i>) [†] 5 mcg	208%	Turmeric Root 200 mg	**
Biotin (as biotin with organic brown rice) [†] 300 mcg	1000%		
Pantothenic Acid (as d-calcium pantothenate with organic brown rice) [†] 8 mg	160%		

Other Ingredients: Ferment media (organic brown rice, rice protein, autolyzed yeast extract, yeast [inactive]), rice protein, organic brown rice, silicon dioxide, hypromellose.

Made by MegaFood, PO Box 5244, Manchester, NH 03108 USA megafood.com / 800.848.2542

MegaFood Kids Daily Multi contains a broad range of vitamins and minerals delivered with fruits and turmeric to support healthy growth and development of children 5 years of age and older with balanced nutritional support.*

This MegaFood product is made with real food, wholesome nutritional yeast and added nutrients. [†]This vitamin is paired with a whole food in our unique process. Satisfaction guaranteed or your money back.

We believe that the most nutritious food comes from healthy soils and valued farmers. Our goal is to work with farmers who share our commitment to organic and regenerative agriculture.
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*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Biotin is an important nutrient. Biotin may interfere with lab tests. If you are taking medication or planning to undergo lab testing, consult with your doctor before use.

Keep out of reach of children. Store tightly sealed in a cool place and avoid exposure to moisture. Once open, consume within three months.



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Best Before:
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