

WARNING: Consult your healthcare professional prior to use if you have or suspect a medical condition, are taking prescription drugs, or are pregnant or lactating. Each serving contains as much caffeine as about 2 cups of coffee. Limit the use of caffeine containing medication, foods or beverages while taking this product. Too much caffeine may cause nervousness, irritability, sleeplessness and occasionally rapid heartbeat. This product is not intended/recommended for children and those sensitive to caffeine.

CONTAINS: Soy

NO: Milk, Egg, Fish, Crustacean Shellfish, Tree Nuts, Peanuts, Wheat, Yeast, Artificial Colors or Flavors, Added Sugar or Preservatives.

Vegetarian

**STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.**

‡ In healthy adults.

Manufactured by NATROL LLC
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NATROL®

BRAIN
HEALTH

COGNIUM®

FOCUS

Improves Focus &
Concentration‡

60 CAPSULES
DIETARY SUPPLEMENT

Directions: Take 1 capsule daily with or without food.
Do not exceed 3 capsules.

Supplement Facts

Serving Size: 1 Capsule

Amount Per Serving	% DV
Vitamin B-12 (as Cyanocobalamin)	6 mcg 250%
Coffee Fruit (<i>Coffea arabica</i>)	100 mg *
Cognium Focus Blend	224 mg *

Green Coffee Bean Extract (*Coffea robusta and arabica*), Green Tea Extract (*Camellia sinensis*) (leaf), Blueberry Fruit Extract (*Vaccinium angustifolium*), Silk Protein Hydrolysate, Ginkgo Biloba Extract (leaf), Phosphatidylserine, Toothed Clubmoss [*Huperzia serrata* (whole plant)] (yields Huperzine A).

*Daily Value (DV) not established.

Other Ingredients: Hypromellose, Microcrystalline Cellulose, Maltodextrin, Magnesium Stearate, Silicon Dioxide, Dicalcium Phosphate.

This product contains 120 mg of naturally occurring caffeine. Not recommended for children, pregnant or lactating women and persons sensitive to caffeine.

LOT/EXP: