

Natrol® Advanced Sleep Melatonin + 5-HTP:

Advanced Triple Action Sleep formulation

- Quick-release **5-HTP** to help calm a racing mind†
- Quick-release **Melatonin** to fall asleep faster†
- Controlled-release **Melatonin** to stay asleep†
- 100% Drug-free and non-habit forming

Melatonin is a nighttime sleep aid for occasional sleeplessness.†

WARNING: Consult your healthcare professional prior to use if you have or suspect a medical condition or are taking prescription drugs including drugs for depression, migraine, Parkinson's disease or psychiatric disorder, or if you are using any tranquilizers or sedatives. Consult your healthcare professional if you have an autoimmune condition or depressive disorder. Do not use if you are pregnant or lactating, or under the age of 18 years. Do not use with other supplements containing L-Tryptophan or 5-HTP. Do not take when operating machinery or driving a vehicle.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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NATROL®

Melatonin + 5-HTP

ADVANCED

SLEEP

**TIME
RELEASE**



Triple
Action Formula:
Relax, Fall Asleep
and Stay Asleep†

100% Drug-Free



VEGETARIAN

60 BI-LAYER TABLETS

DIETARY SUPPLEMENT

Directions: Take 1 tablet 20 minutes before bedtime.

Supplement Facts

Serving Size: 1 Tablet

Servings Per Container: 60

Amount Per Serving		%DV*
Vitamin B-6 (as Pyridoxine Hydrochloride)	10 mg	590%
5-HTP (5-Hydroxytryptophan) [from <i>Griffonia simplicifolia</i> (seed)]	50 mg	*
Melatonin	6 mg	*

*Daily Value (DV) not established.

Other Ingredients: Dicalcium Phosphate, Microcrystalline Cellulose, Methylcellulose, Silicon Dioxide, Stearic Acid, Hypromellose, Maltodextrin, Cellulose Gum, Beet Root Extract, Magnesium Stearate, Glycerin.

NO: Milk, Egg, Fish, Crustacean Shellfish, Tree Nuts, Peanuts, Wheat, Soybeans, Yeast, Artificial Colors or Flavors, Added Sugar or Preservatives

STORE IN A COOL, DRY PLACE.

KEEP OUT OF REACH OF CHILDREN.

Manufactured by NATROL LLC

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www.natrol.com

LOT/EXP: