

Directions: As a dietary supplement, mix one scoop (8 g) with water, juice or smoothie.

Nutrition Facts

Serving Size One Level Scoop (8 g)
Servings Per Container 60

Amount Per Serving

Calories	30
Calories from Fat	0

% Daily Value†

Total Fat 0 g	0%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 5 mg	<1%
Potassium 150 mg	4%
Total Carbohydrate 5 g	2%
Dietary Fiber 2 g	8%
Sugars 0 g	
Protein 2 g	

Vitamin A	50%	Vitamin C	15%
Calcium	2%	Iron	5%

† Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65 g	80 g
Sat Fat	Less than	20 g	25 g
Cholesterol	Less than	300 mg	300 mg
Sodium	Less than	2400 mg	2400 mg
Total Carbohydrate		300 g	375 g
Dietary Fiber		25 g	30 g

Calories per gram:				
Fat 9	•	Carbohydrate 4	•	Protein 4

INGREDIENTS: Organic Wheat Grass.

CONTAINS: Wheat.

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

Manufactured on equipment that processes products containing milk, eggs, soybeans, wheat, shellfish, fish oil, tree nuts and peanut flavor.

No Crustaceans, No Tree Nuts, No Eggs, No Dairy, No Fish, No Peanuts, No Soybeans, No Corn, No Starch, No Sugar, No Preservatives, No Yeast, No Artificial Colors, No Artificial Flavors.

NOTICE: Significant product settling may occur.

KEEP OUT OF REACH OF CHILDREN.

Store in a cool, dry place.

GNC SUPERFOODS WHEAT GRASS

NUTRIENT DENSE

- Supports energy production & immune health
- Natural source of phytonutrients, protein & fiber
- 100% organic & non-GMO



To ensure a complete nutritional program, take daily with these GNC products:

- Ultra Mega® Green Multivitamin
- Papaya Complete
- Ultra Probiotic Complex 25
- Flax Seeds

Packaged by 30043V

Certified Organic by GCI A0CP, Athens, GA.

For More Information:
1-888-462-2548

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Pittsburgh, PA 15222

NET WT. 16.9 OZ (1.06 LB) 480 G



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