

Recommended Dose: In a glass, add 8 oz (250 mL) of water, juice or milk to 3 scoops of Pro Rice and mix well, or as recommended by your health professional. Ensure to drink enough fluid before, during, and after exercise. Do not exceed 5 scoops daily. **Warning:** If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use. If you have an allergy to latex or fruits, consult your health professional before use. If allergy occurs, stop use. Some people may experience gastrointestinal discomfort. **Keep out of the reach of children.** Use only if safety seal is intact. Store in a cool, dry place.

[†]Provides weight management support as part of a healthy lifestyle with reduced calorie diet and regular exercise.

[‡]This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Packaged by weight, not volume. Settling may occur.

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GENESTRA
BRANDS®

Pro Rice

Dietary Supplement

Rice Protein Formula

Natural Vanilla Flavor

Supports a healthy weight management program^{†‡}

NET WEIGHT 454 g (16 oz)

Supplement Facts

Serving Size 3 Scoops (26.6 g)

Servings per Container about 17

	Amount Per Serving	% DV
Calories	120	
Total Fat	1 g	1% [^]
Total Carbohydrate	9 g	3% [^]
Dietary Fiber	<1 g	3% [^]
Total Sugars	<1 g	*
Includes <1 g Added Sugars		1% [^]
Protein	12 g	24% [^]
Sodium ^v	55 mg	2%
Standardized Rice (<i>Oryza sativa</i>)	17.27 g	*
Grain Protein Concentrate ^Δ (70% Protein)		
Rice (<i>Oryza sativa</i>) Grain Flour	8.17 g	*
Papain (from papaya fruit)	30 mg/60,000 FCC PU	*

* Daily value (DV) not established

[^] Percent daily values (DV) are based on a 2,000 calorie diet

^Δ A source of essential amino acids

^v Naturally occurring

Other ingredients: Natural vanilla flavor, guar gum

Contains: Sulfites