

Healthy Mom, Healthy Baby!

Nourish your body with our comprehensive multivitamin that delivers scientifically studied ingredients, our rainbow blend of fruits and vegetables, and an advanced Digestive Support Blend designed just for Mom and Baby from conception through nursing.*

What a difference 1 tablet per day makes:

- Nourishes Mom's health and Baby's development with the recommended amount of folate, plus calcium, choline and a gentle, well-tolerated form of iron*
- Promotes cell & immune health & energy with potent vitamins*
- Easy to digest*
- With probiotics and plant-source enzymes

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

SUGGESTED USAGE: Take one tablet per day, with or between meals while trying to conceive, pregnant or nursing.

KEEP OUT OF REACH OF CHILDREN. Consult your healthcare professional prior to use if you are taking medication or have a medical condition.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Purity

SafeGuard

Made with purity-tested ingredients and NO artificial preservatives, colors, flavors or sweeteners. Contains NO gluten, wheat, milk, tree nuts, peanuts, eggs, fish or shellfish.



Eco Guard® Packaging

100% Recycled & 100% Recyclable

Tree-free label on bottle made from limestone

Manufactured by Nature's Products, Inc., for Nutranext Business, LLC
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Prenatal One

Essential Nutrition
for Mom & Baby

Plus Fruits, Vegetables & Probiotics

Vegetarian | Gluten-Free | One Tablet Per Day
90 Tablets | Multivitamin Supplement

Supplement Facts

Serving Size 1 Tablet

Servings Per Container 90

	Amount Per Serving	% DV For Pregnant & Lactating Women
Vitamin A (as beta-carotene)	1305 mcg	100%
Vitamin C (as ascorbic acid)	65 mg	54%
Vitamin D (as ergocalciferol)	15 mcg	100%
Vitamin E (as d-alpha tocopheryl succinate)	9.5 mg	50%
Vitamin K (as phytonadione)	90 mcg	100%
Thiamin (as thiamin mononitrate)	8 mg	571%
Riboflavin (vitamin B2)	8 mg	500%
Niacin (as niacinamide)	18 mg	100%
Vitamin B6 (as pyridoxine hydrochloride)	10 mg	500%
Folate (as folic acid)	600 mcg DFE (360 mcg folic acid)	100%
Vitamin B12 (as methylcobalamin)	9 mcg	321%
Biotin	35 mcg	100%
Pantothenic Acid (as calcium pantothenate)	10 mg	143%
Choline (as choline bitartrate)	55 mg	10%
Calcium (as calcium citrate)	50 mg	4%
Iron (as iron amino acid chelate)	27 mg	100%
Iodine (from kelp)	290 mcg	100%
Magnesium (as marine magnesium extract from sea water)	50 mg	13%
Zinc (as zinc citrate)	13 mg	100%
Selenium (as selenomethionine)	70 mcg	100%
Copper (as copper amino acid chelate)	1.3 mg	77%
Manganese (as manganese citrate)	2 mg	100%
Molybdenum (as molybdenum amino acid chelate)	50 mcg	100%
Organic Rainbow Vibrant Foods Blend	125 mg	†
Organic spirulina, organic beet (root), organic broccoli (plant), organic kale (leaf), organic spinach (leaf), organic blackberry (fruit), organic blueberry (fruit), organic carrot (root), organic cranberry (fruit)		
Digestive Support Blend	32 mg	†
Ginger (root) juice extract, amylase (150 DU†), protease (600 HUT†), xylanase (80 XU†), maltase (4 DPT), glucoamylase (0.4 AGU†), hemicellulase (615 HCU†), beta-glucanase (18 BGU†), phytase (0.04 FTU†), cellulase (24 CU†), alpha-galactosidase (4 GalU†), lipase (22 FIPT), lactase (7 ALU†), invertase (3 SU†), <i>Bacillus coagulans</i> MTCC 5856 (25 million CFU†)		
Citrus (fruit) bioflavonoids	25 mg	†
Organic chlorella	25 mg	†
Inositol	10 mg	†
Boron (as boron glycinate)	1 mg	†

† Daily Value (DV) not established.

Other ingredients: Microcrystalline cellulose, croscarmellose sodium, magnesium stearate, coating (hydroxypropyl methylcellulose, hydroxypropyl starch, citric acid)