

Directions: Adults: Dissolve 1 tablet in 8-12 ounces of water in a glass or bottle. Drink once daily.

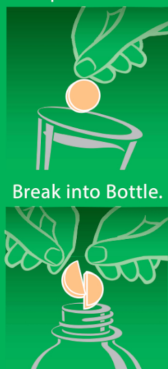
Supplement Facts

Serving Size: 1 tablet

Amount Per Serving			Amount Per Serving		
		% Daily Value			% Daily Value
Calories	5		Pantothenic Acid	23 mg	460%
Total Carbohydrate	< 1 g	< 1%*	Calcium	50 mg	4%
Vitamin C	1000 mg	1111%	Magnesium	50 mg	12%
Thiamin (B ₁)	15 mg	1250%	Zinc	10 mg	91%
Riboflavin (B ₂)	15 mg	1154%	Sodium	260 mg	11%
Niacin	50 mg	313%	Potassium	5 mg	< 1%
Vitamin B ₆	10 mg	588%	Proprietary Blend: Caffeine, Guarana Extract (seed)	87.78 mg	**
Folate	665 mcg DFE (400 mcg folic acid)	166%	Caffeine	44 mg	**
Vitamin B ₁₂	10 mcg	417%			
Biotin	150 mcg	500%			

INGREDIENTS: Citric Acid, Ascorbic Acid, Sodium Bicarbonate, Maltodextrin, Magnesium Sulfate, Calcium Carbonate, Magnesium Carbonate, Polyvinylpyrrolidone, Caffeine; Less than 2% of Acesulfame Potassium, Aspartame†, Beef Juice Powder (color), Beta-Carotene (color), Biotin, Cyanocobalamin, D-Calcium Pantothenate, Folic Acid, Guarana Extract (seed), Mannitol, Natural and Artificial Flavors, Nicotinamide, Polysorbate 60, Polyvinylpyrrolidone, Pyridoxine Hydrochloride, Riboflavin Sodium Phosphate, Salt, Sodium Carbonate, Sorbitol, Thiamine Hydrochloride, Zinc Citrate.

Drop into Glass.



Break into Bottle.

Portable Tube Pack



*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

20 effervescent tablets

from the **ONE A DAY** makers of

Berocca

MENTAL SHARPNESS

Supports mental sharpness with both caffeine and Guarana*



PHYSICAL ENERGY

Supports energy with B Vitamins to help convert food to fuel*



vitamin mineral supplement

20 effervescent tablets



Orange artificial flavor



†PHENYLKETONURICS: CONTAINS PHENYLALANINE

This product contains about as much caffeine as a cup of coffee (90 mg).

For Adult Use Only

If pregnant, breast-feeding, taking medication, or have any medical condition ask a health professional before use.

Ask your doctor before use if you are on a sodium-restricted diet.

KEEP OUT OF REACH OF CHILDREN

Do not exceed recommended intake

Do not use if cap drop ring is broken or missing.

Store at room temperature. Avoid excessive heat and moisture. Replace cap after use.

Questions or comments? Please call 1-800-800-4793 (Mon - Fri 9AM - 5PM EST)

MADE IN INDONESIA

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