

body
nutrition

Balanced Non-Proprietary Blend
45% Whey, 45% Micellar Casein & 10% Egg White

24g Total Protein

Sustained Release

TRUTEIN®

WHEY, CASEIN & EGG WHITE PROTEIN

Smores



NET WT 1.20Z (34G) PROTEIN SUPPLEMENT

Best Taste

Gluten Free

Grassfed Dairy

HIGHER PROTEIN FOR HIGHER LIVING.

24G PROTEIN

45% WHEY, 45% CASEIN & 10% EGG WHITE

OPEN LABEL

NO PROPRIETARY BLEND

YOUR ANYTIME PROTEIN

5.6g BCAAs & 5.0g GLUTAMINE

GRASS-FED DAIRY

DIGESTIVE ENZYMES
INCREASE PROTEIN ABSORPTION*

2.5G PREBIOTIC FIBER

SUSTAINED RELEASE

GLUTEN-FREE

LOW SODIUM

5.6g
BCAAs

24g
PROTEIN

NO
AMINO SPIKING

2.5g
NET CARBS

GF
GLUTEN FREE

#1
TASTING

Supplement Facts

Serving Size 1 Pouch (34g)

	Amount Per Serving	% Daily Value
Calories	115	
Calories from Fat	10	
Total Fat	1 g	1%*
Saturated Fat	0.5 g	2%*
Cholesterol	20 mg	7%*
Total Carbohydrate	5 g	2%*
Dietary Fiber	2.5 g	10%*
Sugars	1 g	
Protein	24 g	48%*
Calcium	220 mg	22%
Iron	1.4 mg	7%
Sodium	105 mg	4%
Potassium	80 mg	2%

NONPROPRIETARY PROTEIN BLEND 24 g **

45% Whey, 45% Micellar Casein, 10% Egg White

DIGESTIVE ENZYMES 100 mg **

Peptidase Proteolytic Enzymes

* Percent Daily Values are based on a 2,000 calorie diet.

** Percent Daily Values are not established.

#Net Carbs = Total Carbohydrates Less Digestive Fiber

SUGGESTED USAGE: Mix 1 pouch (34g) in 8oz of water or almond milk. Shake or blend for at least 20 seconds. May also be used to cook with!

INGREDIENTS: Trutein® Protein Blend (Pure Undenatured & Nonthermally- Processed Milk Protein Isolate, Cross-Flow Nanofiltered Whey Protein Isolate, Ultrafiltered Whey Protein Concentrate, Egg Albumen), Cocoa Powder, TruFiber™ Inulin, Natural & Artificial Flavors, Marshmallow Pieces (Sugar, Corn Syrup, Dextrose, Modified Corn Starch, Gelatin), Xanthan Gum, Cellulose Gum, Guar Gum, Protease Enzymes, Acesulfame Potassium, Sucralose, Soy Lecithin

ALLERGEN WARNING: Contains Milk, Egg & Soy Ingredients.

MANUFACTURED BY Body Nutrition
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MADE IN USA
US3008546221

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

body **cGMP**
BANNED
SUBSTANCE
FREE

