

body nutrition

Balanced Non-Proprietary Blend
45% Whey, 45% Micellar Casein & 10% Egg White

24g Total Protein

Sustained Release

TRUTEIN[®]

WHEY, CASEIN & EGG WHITE PROTEIN

Best Taste

Gluten Free

Grassfed Dairy

Orange Cream

Naturally Flavored



NET WT 1.2OZ (34G) PROTEIN SUPPLEMENT

HIGHER PROTEIN FOR HIGHER LIVING.

24G PROTEIN

45% WHEY, 45% CASEIN & 10% EGG WHITE

OPEN LABEL

NO PROPRIETARY BLEND

YOUR ANYTIME PROTEIN

5.4g BCAAs & 4.7g GLUTAMINE

GRASS-FED DAIRY

DIGESTIVE ENZYMES
INCREASE PROTEIN ABSORPTION*

2.5G PREBIOTIC FIBER

SUSTAINED RELEASE

GLUTEN-FREE

LOW SODIUM

5.4G

BCAAs

24G

PROTEIN

NO

SUGAR ADDED

2.5G

NET CARBS[‡]

GF

GLUTEN FREE

#1

TASTING

Supplement Facts

Serving Size 1 Pouch (34g)

	Amount Per Serving	% Daily Value
Calories	110	
Calories from Fat	0	
Total Fat	0 g	0%*
Saturated Fat	0 g	0%*
Cholesterol	10 mg	4%*
Total Carbohydrate	5 g	2%*
Dietary Fiber	2.5 g	10%*
Sugars	0 g	
Protein	24 g	48%*
Calcium	380 mg	30%
Iron	0.4 mg	2%
Sodium	75 mg	3%
Potassium	130 mg	2%
NONPROPRIETARY PROTEIN BLEND	24 g	**
45% Whey, 45% Micellar Casein, 10% Egg White		
DIGESTIVE ENZYMES	100 mg	**
Peptidase Proteolytic Enzymes		

* Percent Daily Values are based on a 2,000 calorie diet.

** Percent Daily Values are not established.

SUGGESTED USAGE: Mix 1 pouch (34g) in 8oz of water or almond milk. Shake or blend for at least 20 seconds. May also be used to cook with!

INGREDIENTS: Trutein[®] Protein Blend (Pure Undenatured & Nonthermally-Processed Milk Protein Isolate, Cross-Flow Nanofiltered Whey Protein Isolate, Ultrafiltered Whey Protein Concentrate, Egg Albumen), TruFiber[™] Inulin, Natural Flavors, Citric Acid, Beta Carotene Color, Xanthan Gum, Cellulose Gum, Guar Gum, Protease Enzymes, Acesulfame Potassium, Sucralose, Soy Lecithin

ALLERGEN WARNING: Contains Milk, Egg & Soy Ingredients.

MANUFACTURED BY Body Nutrition
St Petersburg FL 33713 • (850) 888-BODY
MADE IN USA WITH GLOBAL INGREDIENTS

WWW.BODYNUTRITION.COM
@BODYNUTRITIONCO

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

California Residents Only:

WARNING: Reproductive Harm.
www.P65Warnings.ca.gov/food

body nutrition **cGMP BANNED SUBSTANCE FREE**



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[‡]Net Carbs = Total Carbohydrates Less Digestive Fiber