

Almost Out? Call 1-800-888-1415

or visit healthydirections.com

Choose **REFILL & SAVE**, Get Free Shipping Forever

Bladder Control Advantage™ helps reduce occasional urinary urgency and supports healthy bladder function in both men and women.¹

UNCONDITIONALLY GUARANTEED for purity and labeled potency. To preserve quality and freshness, store bottle with cap tightly closed in a cool, dry place.

Precautions: Consult a health care practitioner before use if you are pregnant or nursing, have a serious medical condition, or use any medications.

Keep out of reach of children.

Go-Less® is a registered trademark of Frutarom, Ltd.

¹These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Williams Nutrition®

Bladder Control Advantage

Clinically
Validated
Go-Less®

URINARY HEALTH
AND BLADDER COMFORT¹



DIETARY SUPPLEMENT

60 Capsules

Doctor's Suggested Use: For the first two weeks, take 1 capsule 3 times daily. Afterward, take 2 capsules daily—1 in the morning and 1 in the evening.

Supplement Facts

Serving Size: 1 Capsule

Servings Per Container: 60

Amount Per Serving	% DV
Bladder Control Complex	
Pumpkin Extract (seed)(Go-Less®),	585 mg *
Three Leaf Caper Extract (stem bark),	
Soy Extract (germ)(Go-Less®)	

*Daily Value (DV) not established.

Other ingredients: Microcrystalline cellulose, gelatin, magnesium stearate, silica

CONTAINS: SOY

Distributed by Healthy Directions, Bethesda, MD 20817
www.healthydirections.com



SKU: MBL 02 C12000, 2021 R-1

Please see bottom of bottle
for Lot No. and Expiration Date.