

**Omega Q Plus® 100 Resveratrol** is a patent-pending blend of premium ingredients that provide advanced support for heart health, blood flow, brain health, cellular energy, and healthy aging.<sup>1</sup>



**UNCONDITIONALLY GUARANTEED** for purity and labeled potency. To preserve quality and freshness, store bottle with cap tightly closed in a cool, dry place.

Precautions: Consult a health care practitioner if you are pregnant or nursing, have a serious medical condition, or use any medications.

**Keep out of reach of children.**

Crominex® 3+, Capros® and PrimaVie® are registered trademarks of Natreon, Inc.

CalaMarine® is a registered trademark of Pharma Marine AS.

Hydro Q-Sorb® is a registered trademark of Tishcon Corp.



<sup>1</sup>These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Dr. Sinatra

# Omega Q Plus®

**100 mg of CoQ10**

**Resveratrol**

Dietary Supplement 60 Softgels

**Doctor's Suggested Use:** Take 2 softgels once daily with a meal.

## Supplement Facts

Serving Size: 2 Softgels  
Servings Per Container: 30

Amount Per Serving	% DV
Calories	20
Total Fat	1.5 g 2%*
Cholesterol	<5 mg 2%
Vitamin B6 (as pyridoxine hydrochloride, pyridoxal-5-phosphate)	30 mg 1,765%
Folate	680 mcg DFE 170%
Vitamin B12 (as cyanocobalamin)	500 mcg 20,833%
Chromium (as Crominex® 3+ chromium stabilized with Capros® standardized Amla Extract (fruit), PrimaVie® purified and standardized Shilajit)	400 mcg 1,143%
CalaMarine® Oil Concentrate (from squid)	1,250 mg †
DHA (docosahexaenoic acid)	350 mg †
EPA (eicosapentaenoic acid)	200 mg †
L-Carnitine Fumarate	174 mg †
Coenzyme Q10 (as ubiquinone)(Hydro Q-Sorb®)	100 mg †
Trans Resveratrol	30 mg †

\*Percent Daily Values are based on a 2,000 calorie diet. †Daily Value (DV) not established.

Other ingredients: Gelatin, gamma-cyclodextrin, glycerin, medium chain triglycerides, yellow beeswax, dicalcium phosphate, purified water, sunflower lecithin, mixed tocopherols (preservative), annatto (color) suspension in sunflower oil, silica, lemon oil, microcrystalline cellulose

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www.healthydirections.com



SOY FREE GLUTEN FREE

Lot No.

Expiration Date:

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