

Dr. Sinatra's premium, patent-pending heart health and healthy aging formula, **Omega Q Plus® ULTRA**, supports optimal cardiovascular health, brain health, cellular energy, blood sugar, positive mood, and stress relief.<sup>1</sup>



**UNCONDITIONALLY GUARANTEED** for purity and labeled potency. To preserve quality and freshness, store bottle with cap tightly closed in a cool, dry place.

Precautions: Consult a health care practitioner if you are pregnant or nursing, have a serious medical condition, or use any medications.

**Keep out of reach of children.**

Crominex® 3+, Capros® and PrimaVie® are registered trademarks of Natreon, Inc.

CalaMarine® is a registered trademark of Pharma Marine AS.

HydroCurc® and LipiSpense® are registered trademarks of Pharmako Biotechnologies Pty. Ltd.

Hydro Q-Sorb® is a registered trademark of Tishcon Corp.

Sensoril® is a registered trademark of Natreon, Inc., and the product is protected under U.S. Patent No. 7,318,938 and CA Patent No. 2,508,478.



<sup>1</sup>These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Dr. Sinatra



100 mg of CoQ10

Ashwagandha

Resveratrol

Turmeric

Dietary Supplement

60 Softgels

**Doctor's Suggested Use:** Take 2 softgels once daily with a meal.

## Supplement Facts

Serving Size: 2 Softgels  
Servings Per Container: 30

| Amount Per Serving                                                                                                                          |             | % DV    |
|---------------------------------------------------------------------------------------------------------------------------------------------|-------------|---------|
| Calories                                                                                                                                    | 20          |         |
| Total Fat                                                                                                                                   | 1.5 g       | 2%*     |
| Cholesterol                                                                                                                                 | <5 mg       | 2%      |
| Vitamin B6 (as pyridoxine hydrochloride, pyridoxal-5-phosphate)                                                                             | 30 mg       | 1,765%  |
| Folate                                                                                                                                      | 680 mcg DFE | 170%    |
| Vitamin B12 (as cyanocobalamin)                                                                                                             | 500 mcg     | 20,833% |
| Chromium (as Crominex® 3+ chromium stabilized with Capros® standardized Amla Extract (fruit), PrimaVie® purified and standardized Shilajit) | 400 mcg     | 1,143%  |
| CalaMarine® Oil Concentrate (from squid)                                                                                                    | 1,250 mg    | †       |
| DHA (docosahexaenoic acid)                                                                                                                  | 350 mg      | †       |
| EPA (eicosapentaenoic acid)                                                                                                                 | 200 mg      | †       |
| Ashwagandha Extract (root and leaf)(Sensoril®)                                                                                              | 250 mg      | †       |
| HydroCurc® (88% turmeric rhizome extract with LipiSpense® providing 100 mg curcuminoids)                                                    | 125 mg      | †       |
| Coenzyme Q10 (as ubiquinone)(Hydro Q-Sorb®)                                                                                                 | 100 mg      | †       |
| Trans Resveratrol                                                                                                                           | 30 mg       | †       |

\*Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value (DV) not established.

Other ingredients: Gelatin, gamma-cyclodextrin, glycerin, yellow beeswax, dicalcium phosphate, medium chain triglycerides, purified water, sunflower lecithin, mixed tocopherols (preservative), annatto (color) suspension in sunflower oil, silica, lemon oil, microcrystalline cellulose, maltodextrin, coconut oil

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www.healthydirections.com



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Expiration Date:

Lot No.