

For aromatic or topical use.

CAUTION: Possible skin sensitivity. Keep away from children. Consult your doctor if pregnant or in treatment. Avoid eyes, inner ears, and sensitive areas.

Diffuse aromatically or, to apply topically, dilute with a carrier oil to minimize skin sensitivity.



5mL / 0.16 fl. oz.

dōTERRA Int'l, LLC
389 South 1300 West
Pleasant Grove,
UT 84062

49350001 v3

dōTERRA®

Cardamom

Elettaria

cardamomum 5 mL

Essential Oil Supplement

Supplement Facts

Serving Size: 1 drop

Servings Per Container: About 85

Amount Per Serving		%DV
Cardamom Seed	60 mg	**

**Daily Value (DV) not established.

For internal use dilute one drop in 4 fl. oz. of liquid.

CP TG Certified Pure Tested Grade™

Peel back for more information.

