

dōTERRA® Women Bone Nutrient Essential Complex is a blend of vitamins and minerals essential for bone health, including bioavailable forms of vitamins C and D and minerals calcium, magnesium, and other trace minerals that support healthy bone density throughout a woman's many life stages.* Bone Nutrient Essential Complex can be taken in conjunction with dōTERRA Women Phytoestrogen Essential Complex and dōTERRA Lifelong Vitality Pack®.

DIRECTIONS FOR USE: Teen and adult women, take 4 capsules daily with food, or 2 to 3 with dōTERRA Lifelong Vitality Pack daily.

NOTE: Pregnant or nursing women and people with known medical conditions should consult with a physician prior to taking supplements.

Store in a cool, dry place.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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dōTERRA
women

bone nutrient

ESSENTIAL COMPLEX

Supports healthy bone density levels in women*



DIETARY SUPPLEMENT
120 VEGETABLE CAPSULES

Supplement Facts

Serving Size 4 vegetable capsules
Servings per container 30

Amount Per Serving % Daily Value		
Vitamin C (as magnesium ascorbate)	90 mg	100%
Vitamin D (as cholecalciferol and ergocalciferol)	20 mcg	100%
Biotin	300 mcg	1000%
Calcium (as coral calcium)	1000 mg	77%
Magnesium (as Magnesium oxide)	400 mg	95%
Zinc (from zinc sulfate)	9 mg	82%
Copper (from copper carbonate)	0.2 mg	22%
Manganese (from Manganese sulfate)	0.2 mg	9%
Boron (from boric acid)	2 mg	**
**Daily Value not established		

Other Ingredients: Vegetable hypromellose, Rice flour, Brewer's yeast, Olive oil, Stearic acid, Citric acid, Dicalcium phosphate.

Manufactured exclusively for dōTERRA Intl, LLC, 389 S 1300 W, Pleasant Grove, UT 84062 U.S.A. 1-800-411-8151
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