

body
nutrition

Balanced Non-Proprietary Blend
45% Whey, 45% Micellar Casein & 10% Egg White

25g Total Protein

Sustained Release

TRUTEIN®

WHEY, CASEIN & EGG WHITE PROTEIN



Best Taste

Gluten Free

Grassfed Dairy

NET WT 1.20Z (34G) PROTEIN SUPPLEMENT

Naturally & Artificially Flavored

HIGHER PROTEIN FOR HIGHER LIVING.

25G PROTEIN

45% WHEY, 45% CASEIN & 10% EGG WHITE

OPEN LABEL

NO PROPRIETARY BLEND

YOUR ANYTIME PROTEIN

5.6g BCAAs & 4.9g GLUTAMINE

GRASS-FED DAIRY

DIGESTIVE ENZYMES
INCREASE PROTEIN ABSORPTION*

2.5G PREBIOTIC FIBER

NO AMINO SPIKING

GLUTEN-FREE

LOW SODIUM

5.6G
BCAAs

25G
PROTEIN

NO
SUGAR ADDED

2G
NET CARBS*

GF
GLUTEN FREE

#1
TASTING

Supplement Facts

Serving Size 1 Pouch (34g)

	Amount Per Serving	% Daily Value
Calories	115	
Calories from Fat	10	
Total Fat	1 g	1%*
Saturated Fat	0.5 g	3%*
Cholesterol	20 mg	6%*
Total Carbohydrate	4.5 g	2%*
Dietary Fiber	2.5 g	10%*
Sugars	1 g	
Protein	25 g	50%*
Calcium	220 mg	22%
Iron	1.4 mg	7%
Sodium	115 mg	5%
Potassium	80 mg	2%
NONPROPRIETARY PROTEIN BLEND	25 g	**
45% Whey, 45% Micellar Casein, 10% Egg White		
DIGESTIVE ENZYMES	100 mg	**
Peptidase Proteolytic Enzymes		

* Percent Daily Values are based on a 2,000 calorie diet.

** Percent Daily Values are not established.

SUGGESTED USAGE: Mix 1 pouch (34g) in 8oz of water or almond milk. Shake or blend for at least 20 seconds. May also be used to cook with!

INGREDIENTS: Trutein® Protein Blend (Pure Undenatured & Nonthermally- Processed Milk Protein Isolate, Cross-Flow Nanofiltered Whey Protein Isolate, Ultrafiltered Whey Protein Concentrate, Egg Albumen), Cocoa Powder, TruFiber™ Inulin, Natural & Artificial Flavors, Xanthan Gum, Cellulose Gum, Guar Gum, Protease Enzymes, Acesulfame Potassium, Sucralose, Soy Lecithin
ALLERGEN WARNING: Contains Milk, Egg & Soy Ingredients.

MANUFACTURED BY Body Nutrition
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MADE IN USA
US3008546221

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

body **CGMP**
BANNED
SUBSTANCE
FREE



*Net Carbs = Total Carbohydrates Less Digestive Fiber