

**body**  
nutrition

Balanced Non-Proprietary Blend  
45% Whey, 45% Micellar Casein & 10% Egg White

24g Total Protein

Sustained Release

**TRUTEIN**  
WHEY, CASEIN & EGG WHITE PROTEIN *naturals*

*Cinnabun*



All-Natural

Gluten Free

Grassfed Dairy

NET WT 1.20Z (34G) PROTEIN SUPPLEMENT

HIGHER PROTEIN FOR HIGHER LIVING.

24G PROTEIN

45% WHEY, 45% CASEIN & 10% EGG WHITE

OPEN LABEL

NO PROPRIETARY BLEND

YOUR ANYTIME PROTEIN

5.5g BCAAs & 4.8g GLUTAMINE

GRASS-FED DAIRY

ALL NATURAL

NO ARTIFICIAL INGREDIENTS

2.5G PREBIOTIC FIBER

SUSTAINED RELEASE

GLUTEN-FREE

LOW SODIUM

5.5G  
BCAAs

24G  
PROTEIN

NO  
SUGAR ADDED

1.5G  
NET CARBS

GF  
GLUTEN FREE

#1  
TASTING

## Supplement Facts

Serving Size 1 Pouch (34g)

|                    | Amount Per Serving | % Daily Value |
|--------------------|--------------------|---------------|
| Calories           | 110                |               |
| Calories from Fat  | 10                 |               |
| Total Fat          | 1 g                | 1%*           |
| Saturated Fat      | 0.5 g              | 2%*           |
| Cholesterol        | 20 mg              | 7%*           |
| Total Carbohydrate | 5 g                | 2%*           |
| Dietary Fiber      | 2.5 g              | 10%*          |
| Sugars             | 1 g                |               |
| Sugar Alcohols     | 1 g                |               |
| Protein            | 24 g               | 48%*          |
| Calcium            | 220 mg             | 22%           |
| Iron               | 1.4 mg             | 7%            |
| Sodium             | 80 mg              | 3%            |
| Potassium          | 80 mg              | 2%            |

NONPROPRIETARY PROTEIN BLEND 24 g \*\*

45% Whey, 45% Micellar Casein, 10% Egg White

DIGESTIVE ENZYMES 100 mg \*\*

Peptidase Proteolytic Enzymes

\* Percent Daily Values are based on a 2,000 calorie diet.

\*\* Percent Daily Values are not established.

† Net Carbs = Total Carbohydrates Less Digestive Fiber & Sugar Alcohols

**SUGGESTED USAGE:** Mix 1 pouch (34g) in 8oz of water or almond milk. Shake or blend for at least 20 seconds. May also be used to cook with!

**INGREDIENTS:** Trutein® Protein Blend (Pure Undenatured & Nonthermally- Processed Milk Protein Isolate, Cross-Flow Nanofiltered Whey Protein Isolate, Ultrafiltered Whey Protein Concentrate, Egg Albumen), TruFiber™ Inulin, Cinnamon, Natural Flavors, Erythritol, Monkfruit, Stevia, Xanthan Gum, Cellulose Gum, Guar Gum, Protease Enzymes, Soy Lecithin

**ALLERGEN WARNING:** Contains Milk, Egg & Soy Ingredients.

**MANUFACTURED BY** Body Nutrition  
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MADE IN USA  
US3008546221

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

**body**  
nutrition

CGMP  
BANNED  
SUBSTANCE  
FREE

