

body
nutrition

Balanced Non-Proprietary Blend
45% Whey, 45% Micellar Casein & 10% Egg White

24g Total Protein

Sustained Release

TRUTEIN®

WHEY, CASEIN & EGG WHITE PROTEIN *naturals*

Chocolate Peanut Butter Cup

All-Natural

Gluten Free

Grassfed Dairy

NET WT 1.20Z (34G) PROTEIN SUPPLEMENT

HIGHER PROTEIN FOR HIGHER LIVING.

24G PROTEIN

45% WHEY, 45% CASEIN & 10% EGG WHITE

OPEN LABEL

NO PROPRIETARY BLEND

YOUR ANYTIME PROTEIN

5.5G BCAAs & 4.9G GLUTAMINE

GRASS-FED DAIRY

ALL NATURAL

NO ARTIFICIAL INGREDIENTS

2.5G PREBIOTIC FIBER

SUSTAINED RELEASE

GLUTEN-FREE

LOW SODIUM

5.5G

BCAAs

24G

PROTEIN

NO

SUGAR ADDED

1.5G

NET CARBS*

GF

GLUTEN FREE

#1

TASTING

Supplement Facts

Serving Size 1 Pouch (34g)

	Amount Per Serving	% Daily Value
Calories	120	
Calories from Fat	15	
Total Fat	1.5 g	2%*
Saturated Fat	0.5 g	3%*
Cholesterol	20 mg	6%*
Total Carbohydrate	5 g	2%*
Dietary Fiber	2.5 g	10%*
Sugars	1 g	
Sugar Alcohols	1 g	
Protein	24 g	48%*
Calcium	220 mg	22%
Iron	1.4 mg	7%
Sodium	80 mg	3%
Potassium	80 mg	2%

NONPROPRIETARY PROTEIN BLEND 24 g **

45% Whey, 45% Micellar Casein, 10% Egg White

PROTEASE ENZYMES 100 mg **

Peptidase Proteolytic Enzymes

* Percent Daily Values are based on a 2,000 calorie diet.

** Percent Daily Values are not established.

*Net Carbs = Total Carbohydrates Less Digestive Fiber & Sugar Alcohols

SUGGESTED USAGE: Mix 1 pouch (34g) in 8oz of water or almond milk. Shake or blend for at least 20 seconds. May also be used to cook with!

INGREDIENTS: Trutein® Protein Blend (Pure Undenatured & Nonthermally-Processed Milk Protein Isolate, Cross-Flow Nanofiltered Whey Protein Isolate, Ultrafiltered Whey Protein Concentrate, Egg Albumen), Cocoa, Peanut Flour, TruFiber™ Inulin, Natural Flavors, Erythritol, Monkfruit, Stevia, Xanthan Gum, Cellulose Gum, Guar Gum, Protease Enzymes, Soy Lecithin

ALLERGEN WARNING: Contains Peanut, Milk, Egg & Soy Ingredients.

MANUFACTURED BY Body Nutrition
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MADE IN USA
US3008546221

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

body  **CGMP**
BANNED
SUBSTANCE
FREE

