

Suggested Use: Mix one scoop with at least 8 ounces of water or your choice of beverage. Consult a medical doctor before taking this or any other nutritional supplement if you are pregnant, nursing, have or suspect a medical condition, or are taking any medications. Store in a cool, dry place. Do not use if freshness seal is missing or broken. **KEEP OUT OF REACH OF CHILDREN**

Unlike the more commonly available whey concentrate, isolate has had the carbs and fats that naturally occur in milk filtered out, leaving behind a purer protein that digests fast.'

The digestive enzymes amylase and protease help break down protein for better digestion and greater assimilation.*

Our whey is sourced from New Zealand, where cows are fed grass and allowed to roam freely outdoors.*



MINT CHOCOLATE CHIP

- 1 SCOOP – ONNIT WHEY ISOLATE PROTEIN, VANILLA
- 1 CUP – SPINACH
- 1 – FROZEN BANANA
- 2 TBSP. – ALMOND BUTTER
- ¼ TSP. – PEPPERMINT EXTRACT
- 1 TBSP. – MACA POWDER
- 2 – PITTED DATES OR SWEETENER OF CHOICE
- 2 DASHES – GROUND CINNAMON
- 1 PINCH – ONNIT HIMALAYAN SALT
- 2 TBSP. – CACAO NIBS
- 2 OZ. – UNSWEETENED VANILLA ALMOND MILK
- 1 CUP – ICE



DIRECTIONS: Add all ingredients except the cacao nibs to a blender. Pulse until smooth. Add the cacao nibs and pulse for an additional five seconds.

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— WHEY ISOLATE —
PROTEIN
Grass-Fed

20G PROTEIN PER SERVING



From New Zealand Cows

with **NO ADDED SUGAR**

VANILLA
FLAVOR

DIETARY SUPPLEMENT

Net Weight
27.5 oz (780 g)

110

CALORIES

3G

CARRS

06

SUGAR

MINIMUM FILL LINE → |

Product is packaged by weight not volume, some settling may occur.

Supplement Facts

Serving Size 1 Scoop (26g)
Servings Per Container about 30

Amount Per Serving	% DV
Calories 110	
Total Fat 2g	3% ^{††}
Saturated Fat 0.5g	3% ^{††}
Total Carbohydrates 3g	1% ^{††}
Total Sugars 0g	•
Includes 0g Added Sugars	0%
Protein 20g	40% ^{††}
Calcium 27mg	2%
Sodium 130mg	6%
Potassium 20mg	0%
Whey Protein Isolate 20.3g	•

*Percent Daily Values (DV) are based on a 2,000 calorie diet.
*Daily Values Not Established.

Other Ingredients: Sunflower Oil, Dried Cream Extract, Maltodextrin (Tapioca), Medium Chain Triglyceride Oil, Sunflower Lecithin, Arabic Gum, Digestive Enzyme Blend (Amylase, Protease, Lipase, Cellulase, Lactase, Papain, Bromelain), Natural Flavors, Stevia Leaf Extract, Monk Fruit Extract (*Siraitia Grosvenorii*), *Lactobacillus Acidophilus*, LA02 AF.

CONTAINS MILK

Manufactured Exclusively For: Onnit Labs, Inc.
Austin, Texas 78744 • 1-855-ONNIT99

*500 million CFU/ serving at the time of expiration.



THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

