

QUICK + ACTIVE FUEL*

CONTAINS 0% PALM

SUPPORTS OPTIMAL HEALTH

Our pure coconut-based MCT Oil (medium chain triglycerides) not only provides 12.7 grams of medium chain fatty acids that started the MCT oil craze, it also contains 3.8 grams of lauric acid, a compound found in coconuts that is thought to support optimal health. Palm oil, a leading constituent in many other MCT oils on the market, is often harvested from native palm forests, contributing to the destruction of the last remaining habitats for orangutans. So enjoy our best in class coconut-based MCT Oil and send a karmic high five to the great red ape.

Suggested Use: As a dietary supplement, take one tablespoon daily. Store in a cool, dry place.

Consult a medical doctor before taking this or any other nutritional supplement if you are pregnant, nursing, have or suspect a medical condition or are taking any medications.

KEEP OUT OF REACH OF CHILDREN.

THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.



ONNIT

.PURE PREMIUM.

MCT OIL

MEDIUM CHAIN TRIGLYCERIDES

Derived from 100% pure
COCONUT OIL



For Fast & Active Fuel*

SUPPORTS KETOGENIC DIET



UNFLAVORED

DIETARY SUPPLEMENT

24 FL OZ (1.5 PT) (709 mL)

Supplement Facts

Serving Size 1 Tablespoon (15 mL)

Servings Per Container about 47

Amount Per Serving	% DV
Calories 130	
Total Fat 14 g	18%*
Saturated Fat 14 g	70%*
Polyunsaturated Fat 0 g	††
Monounsaturated Fat 0 g	††
Medium Chain Triglycerides (MCTs) (from Coconut) 12.7 g	††
Caprylic Acid 5.2 g	††
Lauric Acid 3.8 g	††
Capric Acid 3.4 g	††

*Percent Daily Values (DV) are based on a 2,000 calorie diet.

††Daily Value Not Established.

Other Ingredients: None

CONTAINS TREE NUTS (COCONUT)

Manufactured Exclusively For:

Onnit Labs, Inc.

Austin, TX 78744

1-855-ONNIT-99

PRODUCT OF MALAYSIA

♦ Not a low calorie supplement. See nutrition information for saturated fat content.

#GETONNIT



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