

THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

CREATINE MONOHYDRATE has been used by athletes for decades to help boost strength, endurance, and energy.¹ Creapure[®] is the most widely studied form of creatine, and is scientifically proven safe and effective for increasing performance.²

MUSCLE BUILDING SUPPORT

Aids in the regeneration of ADP into ATP – the fuel source for muscle contractions.¹ By supplying the energy to train more intensely, creatine helps you build muscle more rapidly.¹

SUPPORT ENDURANCE

Helps reduce cellular damage and balances the aerobic and anaerobic energy sources that are available to cells.¹

PROMOTE PERFORMANCE

Provides fuel for short-burst activities such as sprinting and lifting.¹ Creatine does not appear on the banned substances lists for college or professional sports.

Consult a medical doctor before taking this or any other nutritional supplement if you are pregnant, nursing, have or suspect a medical condition, or are taking any medications. Store in a cool, dry place. Do not use if freshness seal is missing or broken.

KEEP OUT OF REACH OF CHILDREN



ONNIT

CREATINE

Monohydrate

PROMOTES STRENGTH + PERFORMANCE¹

DIETARY SUPPLEMENT

NET WEIGHT 5.29 oz (150 g)

DAIRY
FREE

SOY
FREE

VEGAN

MINIMUM FILL LINE + |
Product is packaged by weight not volume, some settling may occur.

Supplement Facts

Serving Size 2 Scoops (5 g)
Servings Per Container 30

	Amount Per Serving	%DV
Creapure [®] (Micronized Creatine Monohydrate)	5 g	*

*Daily Value (DV) not Established.

Other Ingredients: None

Manufactured Exclusively For: Onnit Labs, Inc.
Austin, Texas 78744 (855) ONNIT-99

SUGGESTED USE: As a dietary supplement, take up to two scoops per serving mixed with eight ounces of water or your favorite beverage.

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