

GLUTEN FREE

DAIRY FREE

SOY FREE

GMO FREE

PLANT BASED

body
nutrition

Plenti
Plants

VANILLA BEAN

Naturally Flavored

Plant-Based Protein

No Dairy, Soy or
Artificial Ingredients

21g
PROTEIN

3g
NET CARBS†

KETO-FRIENDLY
COCONUT
MCTs

MADE WITH
ORGANIC
INGREDIENTS



Pea



Hemp



Almond



Pumpkin



Sunflower

NET WT 1.30Z (38G) PROTEIN SUPPLEMENT

5 PLANT BASED PROTEIN SOURCES!!

Our unique blend of pea, pumpkin, hemp, sunflower and almond protein means a more complete protein source, with a smooth texture and a creamy taste.*

TRANSPARENCY

Unlike other brands, PlentiPlants features transparent labeling where we disclose the ratio of our different protein sources. We don't like secrets and we're betting you don't either.

DELICIOUS TASTE :)

No more deciding between a healthy shake or a great flavor. PlentiPlants combines the best of both worlds to give you a nutritious and delicious low carb, high protein snack!

Amino Acid Profile per Scoop (approximate):
Leucine: 1.7g Isoleucine: 1.0g Valine: 1.1g
TOTAL BCAAs: 3.8g
GLUTAMINE PRECURSORS: 3.8g

† Net Carbs = Total Carbs - Fiber

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Manufactured by
Body Nutrition
2950 47th Ave North
St Petersburg, FL 33714
850-888-BODY

MADE IN USA
with Global Ingredients

SUGGESTED USAGE: Mix 1 packet (38g) in 12oz of cold water or other liquid. Shake or blend for 20 seconds.

Supplement Facts

Serving Size: 1 Packet (38g)

	Amount Per Serving	% Daily Value*
Calories	140	
Calories from Fat	30	
Total Fat	3.5 g	5%
Saturated Fat	1.5 g	8%
Cholesterol	0 mg	0%
Total Carbohydrate	5 g	2%
Dietary Fiber	2 g	8%
Total Sugars	2 g	
Includes 0g Added Sugar		
Protein	21 g	21%
Calcium	35 mg	3%
Iron	4 mg	23%
Sodium	280 mg	12%
Potassium	70 mg	2%
NON-PROPRIETARY PROTEIN BLEND	21 g	**
60% Pea, 15% Pumpkin Seed, 10% Sunflower, 10% Hemp, 5% Almond Proteins		
DIGESTIVE ENZYMES	50 mg	**
Protease, Peptidase, Hemicellulase		

* Percent Daily Values are based on a 2,000 calorie diet.
** Percent Daily Values are not established.

INGREDIENTS: Organic Protein Blend (Pea Protein, Pumpkin Protein, Sunflower Protein, Hemp Protein, Almond Protein), Coconut Oil, Natural Flavors, Tapioca Starch, Organic Guar Gum, Organic Gum Acacia, Xanthan Gum, Monkfruit, Fungal-Derived Enzymes (Peptidase, Hemicellulase, Protease)

ALLERGEN: Contains Coconut and Almond. Manufactured in a facility that also processes eggs, milk, soy, peanuts, wheat and tree nuts

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

California Residents Only:
WARNING: Reproductive Harm. www.P65Warnings.ca.gov/food