suggested use: 1 tablet daily preferably with a meal or as directed by a healthcare professional.

CAUTION: Do not exceed recommended dose. Pregnant or nursing mothers, children under 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement. This product is manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, tree nuts, fish and crustacean shellfish.

NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Lot # and Best by date printed on bottom of bottle.



SUPER B COMPLEX

Non-GMO Formula





100 Tablets

Dietary Supplement

Supplement Facts

Serving Size: 1 Tablet Servings Per Container: 100

Amount Per Serving		%Daily Value	
Thiamin (as thiamin mononitrate)	100mg	8,333%	
Riboflavin	100mg	7,692%	
Niacin (as niacinamide)	100mg	625%	
Vitamin B-6 (as pyridoxine HCI)	100mg	5,882%	
Folate	670mcg DFE 167% (400mcg folic acid)		
Vitamin B-12 (as cyanocobalamin) 100mcg	4,167%	
Biotin	100mcg	333%	
Pantothenic Acid (as calcium pantothenate)	100mg	2,000%	
Choline (as choline bitartrate)	40mg	8%	
Inositol	100mg	**	
para-Aminobenzoic acid	100mg	**	
** Daily Value not established			

Other Ingredients: Calcium carbonate, vegetable stearic acid, croscarmellose sodium, vegetable magnesium stearate, hydroxypropyl methylcellulose, silicon dioxide, watercress powder and parsley leaf powder.

Manufactured Exclusively For:
Nature's Craft
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