

GLUTEN FREE

DAIRY FREE

SOY FREE

GMO FREE

PLANT BASED

body  
nutrition

# Plenti Plants

## COCONUT ALMOND

Naturally Flavored

Plant-Based Protein

No Dairy, Soy or  
Artificial Ingredients

21g  
PROTEIN

2g  
NET CARBS<sup>†</sup>

KETO-FRIENDLY  
COCONUT  
MCTS

MADE WITH  
ORGANIC  
INGREDIENTS



Pea



Hemp



Almond



Pumpkin



Sunflower

NET WT 1.30Z (38G) PROTEIN SUPPLEMENT

## 5 PLANT BASED PROTEIN SOURCES!!

Our unique blend of pea, pumpkin, hemp, sunflower and almond protein means a more complete protein source, with a smooth texture and a creamy taste.\*

## TRANSPARENCY

Unlike other brands, PlentiPlants features transparent labeling where we disclose the ratio of our different protein sources. We don't like secrets and we're betting you don't either.

## DELICIOUS TASTE :)

No more deciding between a healthy shake or a great flavor. PlentiPlants combines the best of both worlds to give you a nutritious and delicious low carb, high protein snack!

Amino Acid Profile per Scoop (approximate):

Leucine: 1.8g Isoleucine: 1.0g Valine: 1.1g

TOTAL BCAAs: 3.9g

GLUTAMINE PRECURSORS: 3.8g

† Net Carbs = Total Carbs - Fiber

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Manufactured by  
Body Nutrition  
2950 47th Ave North  
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850-888-BODY  
**MADE IN USA**  
with Global Ingredients

**SUGGESTED USAGE:** Mix 1 packet (38g) in 12oz of cold water or other liquid. Shake or blend for 20 seconds.

## Supplement Facts

Serving Size: 1 Packet (38g)

	Amount Per Serving	% Daily Value*
Calories	140	
Calories from Fat	30	
<b>Total Fat</b>	4 g	5%
Saturated Fat	1.5 g	8%
<b>Cholesterol</b>	0 mg	0%
<b>Total Carbohydrate</b>	4 g	2%
Dietary Fiber	2 g	7%
Total Sugars	1.5 g	
Includes 0g Added Sugar		
<b>Protein</b>	21 g	22%
<b>Calcium</b>	35 mg	3%
<b>Iron</b>	4 mg	23%
<b>Sodium</b>	290 mg	12%
<b>Potassium</b>	70 mg	2%
<b>NON-PROPRIETARY PROTEIN BLEND</b>	21 g	**
60% Pea, 15% Pumpkin Seed, 10% Sunflower, 10% Hemp, 5% Almond Proteins		
<b>DIGESTIVE ENZYMES</b>	50 mg	**
Protease, Peptidase, Hemicellulase		

\* Percent Daily Values are based on a 2,000 calorie diet.  
\*\* Percent Daily Values are not established.

**INGREDIENTS:** Organic Protein Blend (Pea Protein, Pumpkin Protein, Sunflower Protein, Hemp Protein, Almond Protein), Coconut Oil, Natural Flavors, Tapioca Starch, Coconut, Organic Guar Gum, Organic Gum Acacia, Xanthan Gum, Monkfruit, Fungal-Derived Enzymes (Protease, Peptidase, Hemicellulase)

**ALLERGEN:** Contains Coconut and Almond. Manufactured in a facility that also processes eggs, milk, soy, peanuts, wheat and tree nuts

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

California Residents Only:

**WARNING:** Reproductive Harm. [www.P65Warnings.ca.gov/food](http://www.P65Warnings.ca.gov/food)