

VO2 Max Performance Fat Burner™ is a multi-pronged female-centric formula that delivers a powerful performance boost* by supporting the female body in four key ways:

Boost Thermogenesis & Metabolism: EGCG from Green Tea Extract + Caffeine enhance metabolism and help burn calories. This thermogenic combination—while not literally “melting” fat off the body—supports increased thermogenesis and fat burning (fat oxidation).*

Optimize Endurance: This powerful formula features KSM-66® Ashwagandha Extract, which is prized for its ability to combat the negative effects of stress, and increase physical endurance in female athletes.** KSM-66® is combined with Maca Root plus Schisandra Berry Extract which is a valuable adaptogen used traditionally to support stamina and vitality.*

Combat Fatigue: In addition to the fatigue-fighting effects of KSM-66® and Natural Caffeine, this product also delivers MCT Oil along with a specialized blend of B Vitamins to support cellular energy production.*

What is VO2 Max?

VO2 Max is a clinical measure of physical endurance and indicates how well the body manages oxygen consumption during strenuous exercise. The higher the VO2 Max is, the greater the fitness of the body. KSM-66® has been shown to significantly improve VO2 Max in female athletes.**

*Based on a study which included both male and female subjects.

What makes us different:

Liquid Soft-Gels - The nutrients in these easy-to-swallow Liquid Soft-Gels are released fast. Other forms of delivery can contain binders and fillers that may cause stomach upset and offer no nutritional value. Advanced Liquid Soft-Gels provide an optimum delivery system.

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Quality Assurance - Irwin Naturals® is committed to providing the highest quality products for your health. We employ compliance testing to ensure purity and potency.

Global Responsibility - Over the years we have donated to organizations that support the environment and the health of our children.

Patented BioPerine® - Our special BioPerine Complex enhances the bioavailability, absorption and potency of many nutrients.*

Usage Warnings: Do not use if safety seal is broken. This product contains natural caffeine and contains an ingredient that may affect blood sugar. Check with your doctor before using this product if you are using medication or have any medical conditions including but not limited to heart disease, high blood pressure, an iron deficiency, a liver disorder or develop symptoms of liver trouble (such as abdominal pain, dark urine or jaundice). It is recommended to limit additional caffeine intake while taking this product. Do not use if you may become pregnant, are pregnant or nursing. Do not exceed recommended daily intake. Not intended for use by persons under 18. **KEEP OUT OF REACH OF CHILDREN.** Store in a cool, dry place.

WARNING: (State of California Prop 65) This product contains a chemical known to the State of California to cause birth defects or other reproductive harm.

QUESTIONS: Contact Consumer Affairs
1-800-297-3273 • Weekdays 8:00 AM to 5:00 PM (PT)
Questions@IrwinNaturals.com



Highly Specialized Products:
www.IrwinNaturals.com

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Specialized for Women



VO2 max

Performance Fat Burner™



- ✓ **Thermogenic Boost***
- ✓ **Optimize Endurance***
- ✓ **Increase Metabolism***
- ✓ **Combat Fatigue***

60 LIQUID SOFT-GELS
DIETARY SUPPLEMENT

Full Disclosure Ingredient Panel

DIRECTIONS: (Adult) Take two (2) Liquid Soft-Gels twice a day, with meals and a full glass (8oz) of water. If caffeine keeps you up at night, do not take this product in the evening since it contains (natural) caffeine.

Supplement Facts

Serving Size: 2 Liquid Soft-Gels
Servings per Container: 30

	Amount per Serving	% Daily Value
Calories	15	
Total Fat	1 g	2%**
Saturated Fat	0.5 g	3%**
Total Carbohydrates	1 g	<1%**
Protein	1 g	
Niacin (as Niacinamide)	10 mg	63%
Vitamin B6 (as Pyridoxine Hydrochloride)	5 mg	294%
Folate	340 mcg DFE (200 mcg folic acid)	85%
Vitamin B12 (as Methylcobalamin)	50 mcg	2083%
Pantothenic Acid (as d-Calcium Pantothenate)	15 mg	300%
Flaxseed Oil (seed)	850 mg	†
Medium Chain Triglyceride (MCT) Oil	500 mg	†
KSM-66® Ashwagandha extract (5% withanolides, 15 mg/root)	300 mg	†
Green Tea extract (98% polyphenols, 264.6 mg, 50% EGCG, 135 mg/leaf)	270 mg	†
Maca powder (gelatinized)(root)	250 mg	†
Schisandra (Schisandra chinensis) extract (5:1)(fruit)	150 mg	†
Caffeine (from Coffee Bean) (Coffea arabica)(bean)	75 mg	†
BioPerine Complex BioPerine® Black Pepper extract (95% piperine)(fruit), Ginger extract (5% gingerols)(rhizome)	3 mg	†

**% Daily Value based on a 2,000 calorie diet
† Daily Value not established

Other Ingredients: Gelatin, purified water, glycerin, beeswax, soy lecithin, annatto (color), turmeric (color), titanium dioxide (color), silicon dioxide, sodium copper chlorophyllin (color), maltodextrin, dicalcium phosphate and mannitol.

Contains: Dairy, Soy, Tree Nuts (coconut, palm kernel)

® BIOPERINE is a registered trademark of Sabinsa Corporation.
KSM-66® is a registered trademark of Koreal BioMed Inc.

No preservatives added.

DISTRIBUTED, FORMULATED and QUALITY TESTED by:
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