

SUGGESTED USE: For adults, take one (1) capsule once or twice daily before a meal, or as directed by your physician. Do not take more than two (2) servings per day.

CAUTION: Do not exceed recommended dose. Not intended for pregnant or nursing mothers. Not intended for children under 18 years of age. If you are taking medications (especially antidepressants), have a known medical condition, or are planning to have a medical procedure, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Individuals with bipolar disorder and manic depression should avoid this supplement.

**KEEP OUT OF THE REACH OF CHILDREN.
DO NOT USE IF SAFETY SEAL IS
DAMAGED OR MISSING. STORE IN A
COOL, DRY PLACE.**

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Lot # and Best by date printed on bottom of bottle.

NATURE AT ITS FINEST

Natures Craft®

SAM-e

Maximum Strength

-  Enhances Well-Being and Positive Mood*
-  Increases Brain Function*
-  Supports Joint & Liver Health*

90 Capsules

Dietary Supplement

Supplement Facts

Serving Size: 1 Capsule
Servings Per Container: 90

	Amount Per Serving	%Daily Value
S-Adenosyl Methionine	150mg	**

**Daily Value not established.

Other Ingredients: Hypromellose, Rice Flour, Magnesium Stearate, Gellan Gum

Manufactured Exclusively For:
Nature's Craft

Monsey, NY 10952

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