

RECOMMENDED USE: Take contents of one cleansing drink mix packet (15-30 minutes before breakfast and 15-30 minutes before dinner). Take contents of capsule packet with breakfast and dinner (twice daily). Also, cleansing drink mix packet is effective if given in water. *Take drink mix as appropriate. Drink immediately. It is recommended that an additional glass of water be consumed immediately after drink.*

NOTES: The product contains botanicals, herbals, and Tummy Tonic. Do not use if pregnant or nursing. **Do not use if you have a doctor's diagnosis of an intestinal or digestive condition, or if you are pregnant, nursing, taking medication, or have a medical condition.**

Do not use as a laxative or for long-term use.

WARNING: Take only when told to do so by a health care professional. Do not take if pregnant or nursing. May cause drowsiness or impaired reaction to alcohol or regular caffeine.

The source is natural for your protection. Do not use food or storage containers that have been used to store volatile

Environmental pollutants can build up in the body, interfering with our natural cleansing and detoxifying processes. **Nature's Sunshine CleanStart®** is our most popular cleanse to help support intestinal regularity and the detoxifying processes of the body.*

Balanced nutrition and regular exercise will maximize the benefits achieved from use of this product.



HERBAL EXPERTS SINCE 1972



NATURE'S
SUNSHINE

CleanStart®

DIETARY CLEANSING & DETOXIFYING PROGRAM*

*Natural Body Cleanse that Helps Rid the Body of Waste and Toxins**

DIETARY SUPPLEMENT

14 DAY
PROGRAM

56 PACKETS

(28 Drink Mix Packets, 28 Capsule packets)

CLEANSING & DETOXIFYING*

Use CleanStart or CleanStart Mild to help "jump start" your cleansing and detoxifying program. After using CleanStart, try *Detox Beers™* daily detoxifying program for ongoing detoxification support.*



Supports the natural cleansing of waste from the body.*



Moves intestinal contents through the digestive system.*



Naturally promotes a feeling of energy.*



DRINK MIX

Supplement Facts			
Serving Size: 1 Packet (15g)			
Servings Per Container: 28			
	Amount Per Serving	% Daily Value*	
Total Weight	15g	100%	
Total Fat	1g	2%	
Total Fiber	1g	2%	
Total Protein	1g	2%	
Other Ingredients	14g		
*Percent Daily Values are based on a 			
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Each packet contains 15g of powder. Do not use if pregnant or nursing.

Do not use as a laxative or for long-term use.

CAPSULE PACKET

Supplement Facts			
Serving Size: 1 Packet (15g)			
Servings Per Container: 28			
	Amount Per Serving	% Daily Value*	
Total Weight	15g	100%	
Total Fat	1g	2%	
Total Fiber	1g	2%	
Total Protein	1g	2%	
Other Ingredients	14g		
*Percent Daily Values are based on a 			
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Each packet contains 15g of powder. Do not use if pregnant or nursing.

Do not use as a laxative or for long-term use.

CONTENTS

- 28 capsule packets
- 2 Laxative (Bowel Stimulant) (Formally LBS-1P)
- 100% Detox - Detox per packet
- 28 cleansing powder/drink mix packets

MAXIMIZE THE BENEFITS

- Eat a healthy and balanced diet
- Increase your physical activity
- Drink plenty of water throughout the day

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