



WHOLE FOOD FIBER

DIETARY SUPPLEMENT

8335

Suggested Use: One level tablespoon (approximately 6 grams), in a blender drink per day, or as directed.

Net Wt 7 oz (200 g)



Caution: This product is processed in a facility that manufactures other products containing soy, milk, egg, wheat, peanut, tree nuts, fish, and shellfish.

Supplement Facts

Serving Size: 1 Level Tablespoon

Servings per Container: 30

	Amount per Serving	%Daily Value
Calories	20	
Total Carbohydrate	5 g	2%*
Dietary Fiber	3 g	11%*
Proprietary Blend	6 g	†
Oat fiber, beet fiber, rice bran, organic beet (root), apple pectin, organic carrot, organic sweet potato, and carrot fiber.		
*Percent Daily Values are based on a 2,000 calorie diet.		
† Daily Value not established.		

Soluble fiber from foods such as oat fiber, as part of a diet low in saturated fat and cholesterol, may reduce the risk of heart disease.

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