

FOR PRACTITIONER DISPENSING ONLY

Adult Dose: Take 1 capsule per day, or as recommended by your healthcare practitioner.

Warning: Vitamin supplements should not replace a balanced diet. If symptoms persist consult your healthcare practitioner.

Do not use if tamper evidence seal is broken.
Bottle sealed under cap for your protection.
Store below 30°C in a cool, dry place away from direct sunlight.

Dr Vera's Formulations
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PROUDLY AUSTRALIAN OWNED

µg = microgram

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EXP

Vera's
FORMULATIONS

Tomorrow's solutions for today

Complete Activ-B-Complex

NUTRITIONAL SUPPLEMENT

60 CAPSULES

KEEP OUT OF REACH OF CHILDREN

EACH CAPSULE CONTAINS:

Thiamine hydrochloride	50mg
equiv. Thiamine	44.6mg
Riboflavin sodium phosphate	20mg
equiv. Riboflavin	14.6mg
Nicotinamide	100mg
Nicotinamide adenine dinucleotide (NAD)	5mg
Calcium pantothenate	100mg
equiv. Pantothenic acid	91.6mg
Pyridoxal 5-phosphate	20mg
equiv. Pyridoxine	13.7mg
Levomefolate calcium	434µg
equiv. Levomefolic acid	400µg
Mecobalamin (Co-methylcobalamin)	400µg
Hydroxocobalamin	100µg
Adenosylcobalamin	100µg
Choline bitartrate	50mg
Inositol	50mg
Biotin	500µg

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