

FOR PRACTITIONER DISPENSING ONLY

Adult Dose: Take 1 capsule per day on an empty stomach with juice or water, or as recommended by your registered healthcare practitioner.

Indications: Supports healthy mood balance and sleep.

Warnings: If symptoms persist consult your healthcare practitioner. Avoid during pregnancy and lactation. Vitamin supplements should not replace a balanced diet.

Do not use if tamper evidence seal is broken. Bottle sealed under cap for your protection. Store below 30°C in a cool, dry place away from direct sunlight. Refrigerate after opening.

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PROUDLY AUSTRALIAN OWNED

DV5H007

Vera's
FORMULATIONS

Tomorrow's solutions for today

5-HTP

Sleep and mood support

NUTRITIONAL SUPPLEMENT

KEEP OUT OF REACH OF CHILDREN

EACH CAPSULE CONTAINS:

L-5-Hydroxytryptophan	100mg
Pyridoxal 5-phosphate monohydrate	5.36mg
equiv. Pyridoxine	3.43mg

Vegan Friendly.

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30 CAPSULES